

# What to Expect in the First 10 Weeks A Parent Guide

"We will not lie, cheat or steal, nor tolerate among us anyone who does."



2019 Edition

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Congratulations to both you and your Basic Cadet for their Acceptance into the United States Air Force Academy (USAFA)! Your Basic Cadet has chosen to serve our Nation – You have a right to be proud. Not only are they a part of your family, but now they have chosen to serve their country and join the USAFA family. We are excited to have you as a part of the USAFA family!

Ensure you check the Official USAFA Parents Webpage for lots of helpful information. This is where the USAFA Parent Liaison posts information and links for parents. It can be found at: <a href="https://www.usafa.edu/parents/">https://www.usafa.edu/parents/</a>. Keep this link as a favorite to make it easier to find.

<u>Mailing Address</u>: A private post office box has been assigned for Appointees' personal mail. The box number will be available on the Appointees' Admissions portal. Use the following format for mail sent to Basic Cadets. **NOTE:** Basics will NOT have access to any packages until after BCT. Do NOT mail any boxes. Also the Cadet Post Office request no packages be sent by parents in the months of August and January since Cadets are ordering textbooks for classes.

(Basic Cadet's first and last name) (some folks put squadron)		
(insert Basic Cadet's P. O. Box Number)		

# Before your Cadet arrives at the Air Force Academy

As son or daughter goes through the process to become an Appointee, and once they have been selected to attend USAFA you might have a few questions. The USAFA Admissions office counselors can help Appointees work through all the details. There is an online Admissions Portal that Appointees should visit to keep up with required documents, prep work and medical requirements. There is also a checklist that they must complete. There is also an Appointee Guidebook on the Admissions Portal as well and saved on the USAFA Parent webpage at <a href="https://www.usafa.edu/app/uploads/2023\_Appointee\_Booklet.pdf">https://www.usafa.edu/app/uploads/2023\_Appointee\_Booklet.pdf</a>. Below is some information that may help keep Appointees on target.



<u>Military Commitment:</u> When Appointees arrive at the Academy, they will be asked to take the Oath of Office and sign an agreement that Appointees will fulfill the following obligations listed below:

Complete the course of instruction at the Academy and serve on active duty as a commissioned officer for at least five years after graduation. Further, after entry on active duty, they may incur an additional active duty service commitment that extends beyond the minimum five year requirement stated above for those graduates who complete Rated Air Force Specialty Code (AFSC) Training such as Pilot Training, Combat Systems Officer, Air Battle Manager, Remotely Piloted Aircraft, Combat Rescue Officer, Special Tactics Officer or Air Liaison Officer Training.

If authorized to resign from the Air Force before the eighth anniversary of your Cadet's graduation, he or she must serve as an officer in the Reserve Component until that eighth anniversary.

Those Cadets disenrolled prior to graduation may be required, at the option of the Secretary of the Air Force, to either serve on active duty or reimburse the United States government for the entire cost of their Academy education. Freshmen and sophomore Cadets are ordinarily relieved from all military duty, active or reserve. The active duty commitment varies according to the number of years the Cadet has attended the Academy. Cadets ordered to reimburse the cost of their education incur a liability for each year of instruction. Cadets who fail to complete their required period of active duty also incur a liability to reimburse the United States for an appropriate portion of the cost of their Academy education.

#### Medications:

All medication in your Appointee's possession will be examined by an Air Force medical officer and will be taken away without replacement unless it is ESSENTIAL for continued treatment. Due to the nature and activities of Basic Training, possession of over-the-counter and nonessential medications (to include drugs for acne and sports supplements) is prohibited. **EXCEPTION**: Hormonal medication, such as birth control pills, Depo-Provera injections, or thyroid supplements; and antibiotics for ongoing infections. Medical care is available throughout BCT and medications are prescribed on an as-needed basis, to include aspirin, acetaminophen (Tylenol), and ibuprofen (Motrin). Routine medications, such as those for acne can be resumed at the completion of Basic Training. Appointees must hand carry all medications (including allergy extracts) through in-processing. If you have any questions about medications, call the Cadet Clinic at 719-333-5180.

#### X-Rays:

If an Appointee has suffered an orthopedic injury or has been treated for an orthopedic injury or deformity in the last year, he or she is REQUIRED to bring a current X-ray from their physician. These X-rays will be turned in to the Cadet clinic at in-processing.

#### Medical Records:

Medical records criteria will differ depending on your status.

If the Appointee is a **current active duty member**, and if their outgoing base provides them with a hard copy of their medical records, please hand-carry the hard copy medical records to the Academy and turn them in during the medical portion of In-Processing.

If the Appointee is a **current military dependent**, his or her medical record must remain at the last base where they treatment was received. They <u>do not</u> need to bring a copy of medical records.

If the Appointee is a **civilian**, they <u>do not</u> need to bring a copy of medical records.

#### Immunizations:

Immunizations are a mandatory requirement for military duty. All appointees must get the necessary immunizations **PRIOR** to arrival at the Academy. Waivers for immunizations, in accordance with DoDI 6130.03, WILL NOT be accepted. A p p o i n t e e s will be able to upload their immunization record on Admissions Portal, however, we ask that Appointees also hand carry a hard copy of their immunizations records from the physician/physician's office with them on In-Processing day (I-Day). If verification of immunization status is not available, Appointees will receive the complement of required immunizations even if immunized previously. Appointees who attended the USAFA Preparatory School and Appointees who are former Cadets returning to USAFA do not need to bring their shot records.

1. <u>Polio Vaccine:</u> Must be given six months of admission (between January and June of admission year). While we realize most appointees have had the vaccine much earlier, DOD policy requires that Appointees receive another vaccination within six months of entering military service. NOTE: If the Appointee is prior U.S. military (active, reserve, or National Guard of any U.S. military branch) they have already met the requirement. SPECIAL NOTE: Some health care providers are reluctant to administer the Polio vaccination to young men or women who received the vaccination as a child. If your provider is hesitate to do so, your Appointee can download and prescription form for the vaccination from the Admissions Portal.

- 2. <u>Influenza Vaccine (Flu)</u>: Must be current vaccine and have been administered no earlier than July 1st of last year. If Appointee can't receive influenza vaccination they will have to enter reason why on the Admissions Portal.
- 3. <u>Tetanus, Diptheria, and Pertussis Vaccine (Tdap)</u>: If it has been more than 5 years since Appointees original Tdap vaccination, they must have a Tdap booster. Appointees must enter the dates received for original vaccination and Booster.
- 4. <u>Mumps, Measles, Rubella Vaccine (MMR)</u>: Full vaccination requires two doses (at least 4 weeks apart). SPECIAL NOTE: If Appointee received both doses vaccination prior to January 1, USAFA will require a blood titers lab test to determine your immunity to Mumps. If Appointee has not been previously vaccinated, they must attempt to receive both doses before being cleared to travel to USAFA. If Appointee's first dose is after 15 May of this year, the USAFA Immunization clinic will administer the second dose during their freshman year.



- 5. <u>Chicken Pox (Varicella) Vaccine (VAR)</u>: Full vaccination requires two doses (at least 4 weeks apart). <u>SPECIAL NOTE</u>: If Appointees have positive blood titer value results (and can provide documentation to the fact) they do NOT need to receive the vaccine. If Appointees have not been previously vaccinated then they must attempt to receive both doses before you will be cleared to travel to USAFA. If Appointees first dose is after May 15th of this year, the USAFA Immunization clinic will administer the second does during their freshman year.
- 6. <u>Hepatitis A & B:</u> Appointees must be vaccinated against both Hepatitis A and Hepatitis B before In-Processing. <u>SPECIAL NOTE</u>: If Appointees have positive blood titer value results (and can provide documentation to that fact) Appointees do <u>NOT</u> need to receive associated vaccine. If Appointee has not been previously vaccinated and do not have a positive blood titers test proving immunity, then they must receive the first dose of both the HepA and HepB vaccines <u>OR</u> the first dose of the Twinrix vaccine before Appointee will be cleared to travel to USAFA. The USAFA Immunization clinic will administer the second and third doses during freshman year. Appointees must provide dates of all doses.
  - Example: Hep-A Dose 1 & 2 dates Hep –B Dose 1, 2, & 3 Twinrix (Hep-A & Hep- B combination Dose, 1, 2, & 3 dates
- 7. <u>Meningococcal ACWY Vaccine (Menomune, Menactra, Menveo)</u>: If Appointee received their first dose before the age of 16, they must receive a second dose as well. If Appointee received first dose after 16, a second dose isn't required. If Appointee received both doses before the age of 16, the doses must be the same type.

#### **Recommended Vaccinations:**

- Human Papillomavirus Vaccine (HPV): HPV available for series start or completion at the USAFA Immunizations Clinic. HPV is not mandatory vaccine and not be given at In-Processing. (3 Doses)
- 2. <u>Meningococal B Vaccine (Bexsero or Trumenba)</u>: Bexsero requires 2 doses and Trumenba requires 3 doses. Immunization is optional but recommended. If Appointee wishes to start either series and Appointee gets first dose now, then the USAFA Immunization Clinic will administer the remaining dose(s) during their freshman year. If Appointee chooses to be immunized they may choose either series (they don't need both).

#### **Optical:**

Appointees can print a spectacle and contact lens prescription form from their application Admissions Portal which must be filled out by their eye doctor and uploaded on their Admissions Portal if they require vision correction. The form must be completed and returned no later than May 15th. If Appointees wears eyeglasses or has worn eyeglasses in the past two years even if they do not regularly wear them, the Appointee must bring a pair with them to the Academy and have them with them on In-Processing Day (I-Day). Appointees will be issued an additional pair of uniform military spectacles on I-Day based on the prescription information that was submitted from their eye doctor. The military spectacles given must be worn at all times during basic training. Appointees will need to purchase and bring a plain black eyeglass strap to secure the frames. Contact lens wear is FORBIDDEN throughout the duration of BCT to include I-Day. Contact lenses may be worn only after BCT is complete. Please direct inquiries to Optometry at 719-333-5189 option 4.

Eyeglasses and sunglasses may have conservative ornamentation and frames may be black or brown material or gold or silver wire. Brand name glasses may be worn with a small logo on the frames or lenses. The logo must be the same color as frames or lenses. Conservative wrap-around sunglasses may also be worn, and conservative, clear, slightly tinted or photosensitive lenses are authorized. Faddish styles and mirrored lenses are prohibited. Sunglasses (to include darkened photosensitive lenses) are not authorized in formation.

#### Dental:

It is our desire to ensure that dental concerns do not interfere with Appointees success as an Air Force Academy Cadet. Routine dental treatment as a Cadet (and while on active duty) is an entitlement and there is no cost for this dental benefit. However, in addition to having this dental benefit, ongoing dental health is a requirement for both Cadets and active duty personnel.

The Academy staff expects that Appointees to arrive at the Academy with no potentially disqualifying dental conditions. Examples of dental conditions that may prevent them from performing optimally include: (1) the presence of impacted or erupted wisdom teeth that cannot be maintained in a state of health; (2) cavities that may become emergent problems if not restored immediately; or, (3) active orthodontic appliances (braces). Active orthodontic appliances are a disqualifying condition for Academy admission. All orthodontic treatment must be completed, devices removed, and retainers (if indicated) in place prior to entering the Academy. Permanent retainers <u>DO NOT</u> have to be removed. Don't forget to remind Appointees to bring their retainers with them to the Academy.

Wisdom teeth may cause lost academic time and possible delays in pilot qualification for Cadets. It is highly encouraged for Appointees to visit your family dentist for a thorough dental examination, paying particular attention to the above-mentioned concerns. Correction of all dental defects and removal of wisdom teeth, when indicated, before arriving at the Academy will maximize their dental health, prevent lost academic time, minimize any dental conditions affecting pilot qualifications and go a long way toward ensuring Appointees success as an Air Force Cadet. If your civilian dentist has recommended your son or daughter have

their wisdom teeth removed, we strongly suggest you follow their advice. However, <u>it would be best to have at least 8 weeks of healing between surgery and when Appointees arrives at the Academy</u>.

Upon arrival at the Academy, Appointees will undergo myriad of in-processing actions including a dental screening. There is no need for Appointees to bring their dental records or X-rays from their civilian dentist.

<u>Continuation of Medical Insurance Coverage</u>: We highly recommend parents contact their insurance carrier. Appointees may legally remain on their health insurance policy while they are a Cadet. During their time at the Academy, Cadets have medical coverage under TRICARE. However, if they leave the Academy for any reason, to include disenrollment for a medical condition, the Air Force will no longer be financially responsible for any medical expenses they may incur once their identification card expires. After graduation, there will no longer be a need to have separate medical insurance coverage all new lieutenants will be fully covered by TriCare.

<u>Water</u>: Ensure your Basic Cadet drinks lots of water before coming to Colorado Springs. The high altitude can be very hard on people who aren't used to it! Water will help keep your Basic Cadet hydrated and hopefully prevent the headaches due to altitude sickness.



Ensure your Appointee is in good physical conditioning. Please see Appointee Guide for exercises to do to get ready for Cadet Basic Training.

<u>Swimming Ability:</u> Most Academy Appointees have at least a basic swimming ability. Those who lack this skill will be placed in beginning swim classes in their second year at the Academy.

<u>Overall Fitness:</u> Remember, a Basic Cadet's physical fitness level at entry will be an important factor in determining their success as a Cadet. For people in good physical condition, exercise can be an excellent tool for releasing stress. Likewise, for those in poor physical condition, physical fitness training (running, push-ups, sit-ups, etc.) can add to their overall stress level. <u>Please don't take the preparation lightly.</u>

Any questions regarding the fitness training program should be addressed to the Athletic

Department, HQ USAFA/ADPVT, 2170 Fieldhouse Drive, Suite E240, USAF Academy CO 80840-9500, telephone 719-333-2340



<u>Personal Property Insurance</u>: Occasionally, Cadets do lose personal property. Although we don't require insurance to cover this type of loss, for your Cadet's own protection, personal property insurance is highly recommended, especially once they enter the academic year. During the computer issue process your Cadet will have the option to choose from a limited number of vendors who provide personal property insurance for college students.

<u>Marriage and Paternity/Maternity Certification</u>: As an Appointee, they will have to certify upon In-Processing that they are not married and have no children. Please be aware that if they do marry or become a parent as a Cadet they will be subject to disenrollment. In addition, if they marry or become a parent as a Cadet and it is not made known to Air Force authorities until after graduation, they may be subject to disciplinary administrative action as an officer.

<u>Prep School Cadet Uniforms:</u> Preparatory School Graduates who are accepted into the Academy can bring their ABUs, boots, and leather shoes but they will also be issued all new uniforms and items. With the exception of the ABUs, Cadet uniform items are completely different from those issued at the Prep School.

Local Hotels: USAFA can't recommend any hotels or homes for rent, but there are many hotels in the north Colorado Springs area readily found by a simple internet search. The following list of those located around the Academy is extensive but not exhaustive. Below are some hotels to get you started and there is a map of the base and Colorado Springs on page 55 of this guide.

## Hotels Near the USAF Academy

USAFA can't recommend hotels, but below is a list near the Academy. Go to the USAFA Visitor Center for more detailed contact information https://www.usafa.edu/visitors/tourists-first-timers/.

#### I-25/Academy Blvd (outside USAFA South Gate)

**The Academy Hotel** 719-598-5770, 8110 N. Academy Blvd. Colorado Springs, Colorado 80920, http://www.theacademyhotel.com/

**Comfort Suites**, (719) 536-0731, 1055 Kelly Johnson Blvd, Colorado Springs, CO 80920, https://www.wyndhamhotels.com/baymont/colorado-springscolorado/baymont-inn-and-suites-coloradosprings/overview?CID=LC:BU::GGL:RIO:National:50302&iata=000 65402

#### I-25/Northgate (outside USAFA North Gate)

**The Lodge at Flying Horse,** (844) 768-2684, 1880 Weiskopf Point, Colorado Springs, CO 80921, https://lodgeatflyinghorse.com/

**My Place Hotel,** (719) 203-5830, 369 Gleneagle Dr, Colorado Springs, CO 80921, https://www.myplacehotels.com/myplace-hotel-colorado-springs-co

Days Inn, (719) 599-5599, 8350 Razorback Rd, Colorado Springs, CO 80920, https://www.wyndhamhotels.com/daysinn/colorado-springs-colorado/days-inn-colorado-springs-airforce-academy/overview?CID=LC:DI:20160927:RIO:Local:SMdimotn

Plaza Inn, (719) 598-2500, 8155 N Academy Blvd Colorado Springs, CO 80920

Econo Lodge, (480) 568-4513, 1075 Kelly Johnson Blvd., Colorado Springs, CO, 80920, https://www.choicehotels.com/colorado/coloradosprings/econo-lodge-hotels/co011?source=gyxt

Howard Johnson, (719) 598-6700, 8280 Voyager Pkwy, Colorado Springs, CO 80920, https://www.wyndhamhotels.com/hotels/colorado-springscolorado?brand\_id=HJ

#### Motel 6 (Same as Howard Johnson)

La Quinta Inn/Suites, (719) 266-4300, 8155 N Academy Blvd, Colorado Springs, CO 80920, http://www.laquintacoloradospringsnorth.com/?cid=local\_6856

# I-25/Briargate Parkway (Between Interquest & Academy Blvd)

Hilton Garden Inn, (719) 598-6866, 1810 Briargate Pkwy, Colorado Springs, CO 80920, https://hiltongardeninn3.hilton.com/en/hotels/colorado/hilto n-garden-inn-colorado-springs-COSCHGI/index.html?SEO\_id=GMB-HI-COSCHGI

Homewood Suites, (719) 265-6600, 9130 Explorer Dr, Colorado Springs, CO 80920, https://homewoodsuites3.hilton.com/en/hotels/colorado/ho mewood-suites-by-hilton-colorado-springs-north-COSNOHW/index.html?SEO\_id=GMB-HW-COSNOHW

I-25/Monument

Fairfield Inn/Suites (Marriott), (719) 488-4644, 15275 Struthers Rd, Colorado Springs, CO 80921, https://www.marriott.com/hotels/travel/cossm-fairfield-innand-suites-colorado-springs-north-air-forceacademy/?scid=bb1a189a-fec3-4d19-a255-54ba596febe2

I-25/Interquest (right across from Academy Football Stadium area)

**Residence Inn**, (719) 388-9300, 9805 Federal Dr, Colorado Springs, CO 80921,

https://www.marriott.com/hotels/travel/costw-residence-inncolorado-springs-north-air-force-academy/?scid=bb1a189a-fec3-4d19-a255-54ba596febe2

Hampton Inn/Suites, (719) 598-6911, 1307 Republic Dr, Colorado Springs, CO 80921,

https://hamptoninn3.hilton.com/en/hotels/colorado/hamptoninn-and-suites-colorado-springs-air-force-academy-i-25-north-COSIQHX/index.html?SEO\_id=GMB-HP-COSIQHX

**Drury Inn**, (719) 598-2500, 1170 Interquest Pkwy, Colorado Springs, CO 80921,

https://www.druryhotels.com/locations/colorado-springsco/drury-inn-and-suites-colorado-springs-near-the-air-forceacademy?utm\_source=local&utm\_medium=organic&utm\_camp aign=gmb

**Great Wolf Lodge**, (844) 553-9653, 9494 Federal Drive, Colorado Springs, CO 80921, https://www.greatwolf.com/colorado-springs

Holiday Inn Express/Suites, (719) 284-0000, 9856 Federal Dr, Colorado Springs, CO 80921, https://www.ihg.com/holidayinnexpress/hotels/us/en/coloradosprings/cosfd/hoteldetail?cm\_mmc=GoogleMaps-\_-EX-\_-US-\_-COSFD

#### South of the Academy

#### Commerce Center Dr. (I-25/Woodmen)

Hampton Inn North, (719) 593-9700, 7245 Commerce Center Dr, Colorado Springs, CO 80919, https://hamptoninn3.hilton.com/en/hotels/colorado/hamptoninn-colorado-springs-central-air-force-academy-COSNHHX/index.html?SEO id=GMB-HP-COSNHHX

Embassy Suites, (719) 599-9100, 7290 Commerce Center Dr, Colorado Springs, CO 80919, https://embassysuites3.hilton.com/en/hotels/colorado/embassy -suites-by-hilton-colorado-springs-COSCCES/index.html?SEO\_id=GMB-ES-COSCCES

#### (I-25 South of Woodmen)

InTown Suites Extended Stay, (719) 593-8188, 6210 Corporate Dr, Colorado Springs, CO 80919, https://www.intownsuites.com/extended-staylocations/colorado/colorado-springs/colorado-springs/

**Extended Stay America**, (719) 266-4206, 5855 Corporate Dr, Colorado Springs, CO 80919, https://www.extendedstayamerica.com/hotels/co/coloradosprings/west Fairfield Inn/Suites, (719) 533-1903, 7085 Commerce Center Dr, Colorado Springs, CO 80919,

https://www.marriott.com/hotels/travel/cosfi-fairfield-inn-andsuites-colorado-springs-air-force-academy/?scid=bb1a189afec3-4d19-a255-54ba596febe2

Holiday Inn Express, (719) 592-9800, 7110 Commerce Center Dr, Colorado Springs, CO 80919,

https://www.ihg.com/holidayinnexpress/hotels/us/en/coloradosprings/cosaa/hoteldetail?cm\_mmc=GoogleMaps-\_-EX-\_-US-\_-COSAA

Staybridge Suites, (719) 590-7829, 7130 Commerce Center Dr, Colorado Springs, CO 80919, https://www.ihg.com/staybridge/hotels/us/en/coloradosprings/cosaf/hoteldetail?cm\_mmc=GoogleMaps-\_-SB-\_-US-\_-COSAF

Garden of the Gods (I-25/Garden of the Gods)

Hyatt House, (719) 268-9990, 5805 Delmonico Dr, Colorado Springs, CO 80919, https://www.hyatt.com/en-US/hotel/colorado/hyatt-house-coloradosprings/cosxc?src=corp\_lclb\_gmb\_seo\_nam\_cosxc

**Colorado Springs Marriott,** (719) 260-1800, 5580 Tech Center Dr, Colorado Springs, CO 80919, https://www.marriott.com/hotels/travel/cosmc-coloradosprings-marriott/?scid=bb1a189a-fec3-4d19-a255-54ba596febe2

#### Colorado Springs Downtown Area (I-25/Bijou)

**Days Inn,** (719) 598-1700, 4610 Rusina Rd, Colorado Springs, CO 80907, https://www.wyndhamhotels.com/days-inn/coloradosprings-colorado/days-inn-colorado-springs-garden-of-thegods/overview?CID=LC:DI:20160927:RIO:Local:SM-dimotn

Super 8, (719) 594-0964, 4604 Rusina Rd, Colorado Springs, CO 80907, https://www.wyndhamhotels.com/super-8/coloradosprings-colorado/super-8-colo-sprs-garden-of-thegods/overview?CID=LC:SE::GGL:RIO:National:03183&iata=00065 402

**Qaulity Inn/Suites,** (719) 593-9119, 555 W Garden of the Gods Rd, Colorado Springs, CO 80907,

https://www.choicehotels.com/colorado/coloradosprings/quality-inn-hotels/co053?source=gyxt

**Hyatt Place,** (719) 265-9385, 503 W Garden Of The Gods Ro, Colorado Springs, CO 80907, https://www.hyatt.com/en-US/hotel/colorado/hyatt-place-colorado-springs-garden-of-thegods/coszc?src=corp\_lclb\_gmb\_seo\_nam\_coszc

La Quinta Inn, (719) 528-5060, 4385 Sinton Rd, Colorado Springs, CO 80907, http://www.laquintacoloradosprings.com/?cid=local\_630

Americas Best Value Inn/Suites, (719) 532-1010, 430 Garden of the Gods Rd, Colorado Springs, CO 80907, https://www.redlion.com/co/colorado-springs/americas-bestvalue-inn-suites-colorado-springs **The Antlers,** (719) 955-5600, 4 S Cascade Ave, Colorado Springs, CO 80903, https://www.antlers.com/

The Mining Exchange, (719) 323-2000, 8 S Nevada Ave, Colorado Springs, CO 80903, https://www.wyndhamhotels.com/wyndhamgrand/colorado-springs-colorado/the-mining-exchange-a-

wyndham-grand-

hotel/overview?CID=LC:GR::GGL:RIO:National:45171&iata=00 065402

The Econo Lodge Downton, (719) 636-3385, 714 N Nevada Ave, Colorado Springs, CO 80903,

https://www.choicehotels.com/colorado/coloradosprings/econo-lodge-hotels/co078?source=gyxt **The Double Tree by Hilton,** (719) 576-8900, 1775 E Cheyenne Mountain Blvd, Colorado Springs, CO 80906, https://doubletree3.hilton.com/en/hotels/colorado/doubletreeby-hilton-hotel-colorado-springs-COSP-DT/index.html

**Cheyenne Mountain Resort,** (719) 538-4000, 3225 Broadmoor Valley Rd, Colorado Springs, CO 80906, https://www.cheyennemountain.com/

**The Broadmoor Hotel,** (800) 755-5011, 1 Lake Ave, Colorado Springs, CO 80906, https://www.broadmoor.com/

Hotel Elegante, (719) 576-5900, 2886 S Circle Dr, Colorado Springs, CO 80906, https://www.hotelelegante.com/

Homes for rent: Vacation Rental by Owners https://www.vrbo.com

**Travel Reimbursement:** Please review the Appointee guide for travel information. Ensure Appointees keeps all receipts as they will need them to fill out a travel voucher to get reimbursed. During In-Processing Appointees will complete a DD Form 1351-2, Travel Voucher, claiming the authorized expenses incurred for their travel. A complete travel itinerary is required, so please ensure they keep track of all dates involved. Appointees do not need to track intermediate stops in their itinerary unless they remain overnight or change travel modes (airline, commercial vehicle, private vehicle, etc.).

Individuals entering a Service Academy are authorized allowances for the travel performed, not to exceed allowances for the official distance between the home and school; the person certifies the place from which travel began, to the Service Academy. This location is shown in the orders directing their travel to the Academy.

<u>Parent Newsletters</u>: Parents can go to the Official USAFA Parent webpage site to have access to monthly Parent Newsletters <u>https://www.usafa.edu/parents/falcon-family-newsletter/</u>. The USAFA Parent Liaison also sends out the newsletters to the local parent clubs and they will forward to you if you are members.

**Parent Clubs:** Are you a member of a parent club yet? If you wish to be a member, the USAFA Parent Liaison would be happy to give you the nearest parent club. Parent Clubs are a wealth of information and many have Appointee events so the quicker you sign up the better. These parents have been where you are and can help you adjust. Parent Clubs are also how the USAFA Parent Club Liaison gets the word out of changes or news fast to USAFA Parents. They are also there if your family is in need. They really are a vital part of our USAFA family. Many parent clubs are starting to have "State Nights" for their Cadets here at USAFA providing food and love from home and are having functions at home such as Appointee sendoffs and Military Balls.

# Parent Clubs do State Nights for Cadets and Cadet Candidates! Below is Texas Night!



**Privacy Act (PA) Release for Parent Clubs:** On the Admissions Portal there will be a Privacy Act release for parent clubs and the Class Spirit Committee. Appointees can download it and fill it out and upload it into the Admissions Portal. You can also send a copy directly to the USAFA Parent Liaison, Rose "Marie" Nikovits, USAFA.ParentLiaison@usafa.edu, USAFA/CM, 2304 Cadet Dr., Ste 3100, USAFA CO 80840. Even if you have already given your information to the local parent club, please fill out and sign the form as it allows the Parent Liaison to release updates of Privacy Act information to the local parent club and to the Class Spirit Committee who does things for the class as a whole. If you send directly to Parent Liaison, Appointees must still upload signed form on the Admission Portal so they can be cleared. Parents can also find the PA release online on the USAFA parent webpage: https://www.usafa.edu/app/uploads/PrivacyActParentsClubs.pdf.

Once the USAFA Parent Liaison receives the signed permission she will send the parent(s) an email with more information and notify the local parent club of parent contact information. The Parent Liaison will use this for the whole four years (five if a USAFA Prep School Cadet candidate) that your Cadet is here at the Academy. USAFA has Points of Contacts for each year group, 2019, 2020 and 2021. There is one for the class of 2022 as well and they can be reached at the following FACEBOOK link. https://www.facebook.com/groups/139915409931174/.

# **Arriving at the United States Air Force Academy**

<u>Cadet Return delays (weather etc.)</u>: If an Appointee experiences a delay, or difficulties during traveling to Colorado Springs or to the Appointee's destination for staying overnight, they should call the Colorado Springs (COS) Regional Command Post at 719-333-2633 (manned 24/7) and ask to be connected to the In-Processing Director. If they requested government travel, contact Travel at 888-445-5559 ext. 724 for help in coordinating travel during delays or difficulties. If they are staying with a Bed & Breakfast host and cannot reach them, please contact the AOG first at 719-472-0300; if unsuccessful, call the COS Regional Command Post at the number above.

**In-Processing Day (I-Day):** (27 Jun 19) Please show up at the specified time for Appointees (not earlier unless specifically told to by the In-Processing Director (being sick for example), Appointees will get a quick brief and then they will be separated from family and friends and begin official In-Processing. There is a small parents' Information Fair right where you will drop Appointees off at the Field House. After that you can check out the Cadet Chapel, Visitor's Center, or other available Academy sites – such as the Heritage Trail at Doolittle Hall. Please park at the Field House as there will be shuttles to get guests to the Academic area. USAFA Senior Leaders will be hosting a panel for Freshman/(C4Cs) parents in the afternoon in Arnold Hall. This where you can learn more about the Academy. Also, the Colorado Parents Club will host a Parent Breakfast/Picnic at Doolittle Hall for all of the Freshman parents right after you drop off your Appointee. Meet other parents, destress and fill out a postcard and the club will mail it for you.

**<u>Reporting to I-Day</u>**: Appointees should arrive at the Field House 15 minutes prior to their assigned reporting time. Reporting times will be posted on the Admissions Portal **two weeks prior to I-Day**. Appointees should also bring all required items as specified the instructions on the Admissions Portal. Appointees who arrive without all the required items will suffer a great deal of inconvenience and delay during in-processing. Don't add stress to this first day by arriving without all required items. Enter USAFA from the North Gate, continue straight and follow the signs to the Field House.

**Ensure Appointees** eats a good breakfast prior to arriving at the Academy in-processing area. If they are staying at a hotel, they must obtain their own transportation (i.e., commercial taxi) **at their own expense** (**reimbursed on your travel voucher**) to the drop off location. The primary commercial taxi company that has pre-approved access onto USAFA is the Yellow Cab Company, 719-777-7777. If you have any questions, or problems getting transportation to the Field House, contact the Colorado Springs Regional Command Post at 719-333-2633 and ask to be connected to the In-Processing Director. Late night arrivals (after 4:00 p.m.) will also need to contact the Colorado Springs Regional Command Post.

Sick Appointee during I-Day (or night before): If an Appointee is sick during In-Processing (or the night before), please contact the In-Processing Director at the Colorado Springs Regional Command Post at 719-333-2633 as soon as possible so medical attention can be provided and get the Appointee back into in-processing quickly so they don't miss too much time. The Director may want the Appointee to in-process earlier than their show time to get the appointee medical help if needed.

**Basic Cadet Training (BCT) Squadrons:** There are 8 BCT Squadrons and Appointees will be notified on their Admissions Portal on which Squadron they will be assigned to and their report time for In-Processing.

Each Basic Cadet is assigned to a squadron A through H. The names and colors are listed below. Within each squadron Cadets are divided into four flights (a, b, c, d). This is how you will identify your son/daughter during BCT, for example Executioners E flight. Ensure you get Appointee's P.O. Box #,

Squadron and Flight information before tour Appointee in-processes (Write them down or save them on your phone). The BCT squadrons are temporary, existing only for the six weeks of Basic training. The USAFA Parent Liaison will have the P.O. Box and Summer/Fall Squadron's at the Information Fair if you need them.

**Below is a chart to with normal Academic Squadron (SQ) assignments.** USAFA tries to balance out each of the squadrons so your Basic should be flexible, but this will give you an idea.

Squa	Squadron							
А	Aggressors		Flight	а	b	с	d	e
		Light Blue	Academic SQ	1	2	3	4	5
В	Aggressors		Flight	а	b	с	d	e
		Orange	Academic SQ	6	7	8	9	10
С	Aggressors		Flight	а	b	с	d	e
		Purple	Academic SQ	11	12	13	14	15
D	Aggressors		Flight	а	b	с	d	e
		Green	Academic SQ	16	17	18	19	20
E	Aggressors		Flight	а	b	с	d	e
		Navy	Academic SQ	21	22	23	24	25
F	Aggressors		Flight	а	b	с	d	e
		Red	Academic SQ	26	27	28	29	30
G	Aggressors		Flight	а	b	с	d	e
		Maroon	Academic SQ	31	32	33	34	35
Η	Aggressors		Flight	а	b	с	d	e
		Yellow	Academic SQ	36	37	38	39	40

#### Cadet Wing Breakdown for the Academic Year

Cadet Wing	40 Squads	App. 3900-4100 Cadets		
Groups				
1 <sup>st</sup> Group – Squads	1 - 10	App. 1000 Cadets		
2 <sup>nd</sup> Group – Squads	11-20	App. 1000 Cadets		
3 <sup>rd</sup> Group – Squads	21 - 30	App. 1000 Cadets		
4 <sup>th</sup> Group – Squads	31 - 40	App. 1000 Cadets		
Squadron App. 100 Cadets				
Flights within Squad	ABC	App. 30 – 35 Cadets in each		
Elements within Flights 1 2	1 2 3	App. 10 – 12 Cadets in each		

Academic Year Squadron: After BCT, the Basic Cadets will enter their academic year squadron. The Cadet Wing (ie, all Cadets at the AFA) are divided into 40 squadrons of approximately 110 Cadets, with 25-30 from each class. The Cadet Squadron (CS) is the basic unit in which Cadets live and operate. Your son or daughter's Academic Year squadron is listed directly under their BCT Squadron-Flight. For example, if your son/daughter is in Cobras-D flight during BCT, he/she should be in Cadet Squadron (CS) 14 once the academic year starts.

Note: After their sophomore year Cadets are assigned to a new squadron, which will become their permanent squadron for their remaining two years at USAFA.

#### BASIC TO ACADEMIC SQUADRON CONVERSIONS

Aggressors:
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Sq A, Flight A would be CS-01	Mighty Mach One	Sq B, Flight A would be CS-06	Raging Bull Six
Sq A, Flight B would be CS-02	Delta Tau Deuce	Sq B, Flight B would be CS-07	Shadow Seven
Sq A, Flight C would be CS-03	Cerberus Three	Sq B, Flight C would be CS-08	Eagle Eight
Sq A, Flight D would be CS-04	Fightin' Fourth	Sq B, Flight D would be CS-09	Viking Nine
Sq A, Flight E would be CS-05	Wolfpack	Sq B, Flight E would be CS-10	Tiger Ten

#### Cobras:

Sq C, Flight A would be CS-11	Reb Eleven	Sq D, Flight A would be CS-16	Proud Chicken Hawk
Sq C, Flight B would be CS-12	Dirty Dozen	Sq D, Flight B would be CS-17	Stalag 17
Sq C, Flight C would be CS-13	Bulldawgs	Sq D, Flight C would be CS-19	Knightriders
Sq C, Flight D would be CS-14	Cobras	Sq D, Flight D would be CS-19	Wolverines
Sq C, Flight E would be CS-15	War Eagles	Sq D, Flight E would be CS-20	Tough Twenty Trolls

#### Executioners:

Sq E, Flight A would be CS-21 Sq E, Flight B would be CS-22 Sq E, Flight C would be CS-23 Sq E, Flight D would be CS-24 Sq E, Flight E would be CS-25

#### Guts:

Sq G, Flight A would be CS-31 Sq G, Flight B would be CS-32 Sq G, Flight C would be CS-33 Sq G, Flight D would be CS-34 Sq G, Flight E would be CS-35

Blackjacks Raptors **Barnstormers** Phantoms Rock Hard Redeve

Grim Reapers Roadrunners Ratz Loose Hawgs Huge Wild Weasels

#### **Barbarians:**

#### Demons:

#### Flying Tigers:

Sq F, Flight A would be CS-26 Sq F, Flight B would be CS-27 Sq F, Flight C would be CS-28 Sq F, Flight D would be CS-29 Sq F, Flight E would be CS-30

#### Hellcasts:

Sq H, Flight A would be CS-36 Sq H, Flight B would be CS37 Sq H, Flight C would be CS38 Sq H, Flight D would be CS39 Sq H, Flight E would be CS40

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Barons Thunderbirds Blackbirds **Black Panthers** Knights

**Proud Pink Panthers** Skyraiders All Stars Jedi Knights High Flyin' P-40 Warhawks

Parents Weekend Hotel Reservations: Make hotel reservations right away as hotels book up NOTE: quickly for Labor Day Weekend. Please see below Parents Weekend paragraph for more information.

#### I-Day What to Bring and not to Bring

#### What to Bring:

Proof of Citizenship/Name Change/Social Security Card. These items will be looked at and returned to the Appointees.

Appointees MUST <u>hand carry</u> all of the following <u>original</u> documents that apply: birth certificate; naturalization certificate; certificate of citizenship; passport(s) (both US & foreign); or report of birth abroad of U.S. citizen. USAFA Staff will check proof of citizenship documentation at the start of in-processing. If Appointees does not have proper proof of citizenship they may be sent home. Also, USAFA must record Appointees name exactly as it appears on their birth certificate. If they have had or anticipate a name change before arriving at the Air Force Academy, please contact Admissions.

#### What Not to Bring:

# Do not bring: Personal Computers, Personal Accessories/Equipment, Firearms, Jewelry, or Privately-Owned Vehicles

**Diet and Food Packages:** The Cadet Dining Facility provides a diet tailored to the strenuous BCT conditioning program. During 1st BCT Cadets are offered 3800-4000 calories per day, and throughout 2nd BCT the calories increase to 4000-4500 per day due to the increased physical requirements. The Basic Cadet's well-being is monitored by a registered dietitian, and nutrition counseling is readily available. <u>Do NOT to send any food packages until after BCT.</u>

Each day, three well-balanced meals will be served by Mitchell Hall, the Cadet dining facility. The dining facility does provide vegetarian menus for members of religious faiths or for individual convictions during BCT. Nutrition screening and counseling is provided to Basics requiring personal attention. During the academic year, the dining facility offers light and vegetarian menus, and accommodates the Muslim faith during Ramadan and Jewish faith during Passover. If you anticipate dietary problems, Appointees are advised to call the Cadet Chaplains Office at 719-333-2636 before you arrive. For further dietary questions or concerns, please call the Cadet Dining Facility at 719-333-3663.

**Calculators:** New Cadets will be issued a scientific calculator prior to the start of classes in August. This calculator will be sufficient for all core courses at the Academy and use of alternate calculators in 100- and 200-level core courses is restricted. Therefore, there is no requirement to purchase a calculator or bring one. Some Cadets majoring in engineering and sciences will require a more advanced "scientific" calculator, which can do simple linear regressions or graphing functions, but these can be purchased here if required. However, if an Appointee already owns an advanced scientific calculator, we recommend it be mailed to them after BCT, or brought during Parents' Weekend.

<u>Swearing In Ceremony</u>: On Friday (28 Jun 19- 8:30 - 9:00 am at Stillman Field parade field) there will be a formal Class of 2022 Swearing-In Ceremony which is open to guests. The Northgate will open early at 7:00 am so parents can get to the Stillman Parade Field. Please park at the Field House and walk across the street and up the hill for the parade field. There is a paved trail for wheelchairs. No backpacks please, but diaper bags are allowed. Small signs are allowed, but remember you will be blocking other guests sitting on the stands.

You will be surprised by the change in your Basic Cadet in only one day. They will have haircuts and be wearing uniforms. Normal standing for the BCT flights start with Squadron A on the far left and B, C etc... until you get to H Squadron on the far right of the parade field.



## Swearing In Ceremony the Day after In-Processing at Stillman Parade Field.

<u>Communicating with Your Cadet during Basic Cadet Training (BCT):</u> BCT consists of two parts – 1st BCT, which is conducted in the Cadet Area, and 2nd BCT, conducted in Jacks Valley. Mail is the only way to communicate with your Basic Cadet during this time. Mail those letters and cards often. Some Parents have send-off parties and have preaddressed cards and envelopes ready to go for friends and family. Ensure the cards don't arrive before the Appointee or the post office will return them. Cadets won't be allowed phone calls and the letters from family and friends mean so much to them. <u>Suggest you put your Cadet's BCT squadron letter after their name to help get the mail to the Cadet faster.</u> Encourage them to hang in there. It gets better, and once the BCT is over they will get laptops and have e-mail and their cell phones full time. They do normally will get their cell phones on the day of Doolie Day Out (DDO) (21 Jul 18). Cadets will also have time to write letters during BCT as well, and are encouraged to do so by their trainers. **No Packages** will be accepted during BCT. Remember when your Basic writes you, their spirit may be down, but it could be just that they had a rough day. Keep encouraging them and know when you read a letter they could be just having a bad day. If you have concerns you can call the USAFA Parent Liaison.

**Emergency Contact Form POC:** Your Cadet will fill out a form on I-Day, but if you have any questions you can all the Cadet Personnel office at 719-333-3244.

#### POST OFFICE BOX, FEDERAL EXPRESS, UPS, and DHL INFORMATION

From the USAFA Postmaster:



# <u>The Post office also requests that packages don't be sent in the months of Aug/Jan as the Cadets are ordering textbooks.</u>

The correct mailing address for your Cadet is crucial. Mail not deliverable due to the incorrect address or insufficient information will be returned to the sender or sent to the Dead Letter Office (if there is no return address).

In addition to regular mail (envelopes) you may also send packages to the post office box (after BCT) and the Cadets will receive a note in the boxes instructing them to pick up their packages at the counter. The address must be complete and correct. Appointees were given their P.O. Box number online with their appointment package (Note that the zip code for Cadets is 80840.) The correct address for all Cadets is below:

John Doe PO Box xxxx (post office box number) USAFA CO 80841-xxxx (post office box number)

(If you wish, you can also put the Cadet rank (C4C, C3C, etc... before the name or as a Basic Cadet it should be "Basic Cadet John Doe") Some parents put their Basic Cadet's BCT squadron on the mail to get to the Basic Cadet quicker during Jack's Valley portion of BCT. The Post office puts up all mail by 4pm every day. Remember that during BCT each flight has training so they may not get to the post office every day, but the upper classman do try to.

Suggest the family members, friends and the Basic Cadet number their letters so there is no confusion and frustration so Basics think they are not getting mail. i.e. 1, 2, 3, etc... It is one less stress at a time that the Basics will be extremely busy and stressed with training.

FEDEX, DHL, & UPS ADDRESS: The Post office will accept packages from companies that don't send to P.O. Boxes and delivery services (FEDEX, DHL, UPS etc...) AFTER BCT!

You must use the post office's street address for this packages (after BCT). Use the street address of your post office and benefit from the credibility of a street address. If you sign up for this feature, we will accept delivery by private carriers (FEDEX, UPS, DHL) that do not deliver to a P.O. Box. These packages would be placed in a secure parcel locker, if available, for your convince. Both street addressed mail and P.O. Box addressed mail can now be delivered to your P.O. Box.

#### **Addresses for Private Carriers:**

Cadets John Doe 2360 Vandenberg # (your P.O. Box number) USAF Academy, CO 80840 (note different zip code than regular Cadet mail)

#### **Prep School**

Street Addressing - Use the street address of: 5136 Community Center Dr. # (your P.O. Box number) USAF Academy, CO 80840

<u>Real Mail Notification Services</u> - Receive an email or text message each day you receive new mail in your P.O. Box, Monday through Saturday. You will receive this notification only if you have mail.

<u>Signature on File</u>. – When your Cadet arrives they will be asked to sign a signature card for the post office and the post office will keep it on file. This allows the post office to accept some signature-required mail and packages for your Cadet. This allows the Cadets to enjoy the conveniences of this service for products such as Express Mail.

If your Basic Cadet decides to leave the Academy they will fill out a Form 34 (discharge) or are put on Admin Turn-back (Medical/Personal Reasons) information. During BCT Basics normally only leave due to medical issues. After BCT the Cadets can voluntarily request to be discharged. Parents please remember that if your Basic decides to leave it is their decision as the Active Duty Service Member and an adult. Parents will not be given status updates unless there is an emergency and your Basic Cadet wishes to inform you of what's going on. Contact your cadet on status updates please.

**Sponsor Family:** All new Appointees will be given a sponsor family. You don't need to contact anyone unless Appointees wants a particular family they are requesting. This is a really good program. It is a home away from home where your Cadet can get away from the campus and chill. Many sponsor families keep their Cadets for their whole four (five years for Prep Schoolers) and become lifelong friends. Many are active duty or retired military and they can help your Cadet settle in and answer questions they may have. This is great for Cadets with no military background. The families volunteer to help your Cadet and all the costs incurred are paid for by the sponsor families so try and remember them when you can. If you have a friend/family in the local area who wishes Appointees, then both the Appointee & the sponsor family must request each other through the Cadet Sponsor office. Sponsor families must live within a 50-mile radius of the Academy. If a sponsor family is in the process of relocating to the area, they must provide a permanent address before the Cadet Sponsor office can proceed with the application. The Preparatory School has a separate Sponsor Family. Cadet Candidates and sponsor families can email: PrepInfo@usafa.edu to request a specific sponsor.

#### **Typical Day During BCT:**

**1st BCT Daily Routine (29 Jun – 21 Jul 18).** During 1st, BCT cadets have a busy schedule of military training such as learning how to take orders, set up their rooms and march as a flight. Basic Cadets are awakened at 4:30 a.m. to being their day. During the day Basics take Academic placements tests, get issued items and military training until Taps and lights out at 9:30 p.m.

**2nd BCT Daily Routine (22 Jul – 1 Aug 18).** During the 2nd Basic, cadets have a busy schedule of military training in a "deployed" location. They live in a tent city and a r e awakened by 5:15 a.m. Basic Cadets do different military training to include weapons training, obstacle courses and team building exercises until Taps and lights out at 9:30 p.m.

**Personal Time.** Basic Cadets will use Personal Time for personal hygiene, to study, read and/or write letters, clean their dormitory room, seek necessary medical attention if needed, and/or prepare for the next day.

**Field Day:** (12 Jul 19) Field Day is located on the USAFA athletic fields and parents are welcome, but no direct contact is allowed. Field day is a competition between squadrons with different athletic sports. The competitions normally begin around 8:00 am but the North Gate does NOT open early for Field Day. The North Gate is open 9:00 – 5:00 pm daily for visitors. Sometimes parents don't even see their Cadets so fair warning. Suggest bringing binoculars if you come.

**Doolie Day Out (DDO):** (20 Jul 19) On DDO the Cadets get to meet their sponsor families. The sponsor families pick the Cadets up in the morning and take them back to their home. This is the day your Cadet will be able to call you during BCT as they will be allowed their cell phone. Only registered sponsor families with assignment letters will be permitted to enter the pick-up area. They must have their assignment letter and dash pass. If for some reason someone makes it all the way in without these documents, the Basic will be reported and there will be serious consequences for them upon return. Basics will be briefed about being released only to the family they are assigned to for the day. If you are local parent you must become your Cadet's sponsor to be allowed to pick them up on Doolie Day Out. After BCT this won't be an issue. This is to keep our Basic Cadets safe.

Parents from out-of-state should <u>NOT</u> come to town in hopes of spending DDO with their son/daughter on this day. Doolie Day Out is for sponsor families to get to know their sponsored Cadets. The appropriate time for parents to come is on Acceptance Day (A Day) or Parents' Weekend (always Labor Day Weekend). They may then meet their son/daughter's sponsor families if they so desire. Parents must get the Sponsor family contact information from their Cadet.





**Pikes Peak or Bust Rodeo:** (13 Jul 19) The Basic Cadets take time out of their busy summer schedule to attend the Pikes Peak or Bust Rodeo in Colorado Springs. The afternoon gives your Basic a chance to relax and enjoy one of the area's oldest western heritage traditions. The Cadets will **NOT** be allowed to interact with family or friends at the rodeo.

**Jacks Valley:** This is the location of the second part of BCT. The Cadets are sent on "Deployment" to a tent city where they learn combat skills, train on the obstacle course, confidence course, and assault course, and participate in team building exercises. This is a rewarding, but difficult part of BCT.





<u>March to and from Jack's Valley:</u> (21 Jul 19/31 Jul 19) If you are close, there is another chance for you to see your Cadet as they march from the Academic area to Jack's Valley and on the return march to the Academic area later on.

The viewing area location is normally Clune Arena (Field House) for both marching there and marching back to Cadet area. The March times will be sent out through the local parent clubs when times are finalized. Please note that there will be road closures affecting access to Clune Arena some come early if you can so you aren't stuck in traffic and miss the march. Parents are only allowed to view from the sides of the road in the Eastern most parking lot of Clune Arena. Note: The Mountains are always West. Signs are welcome! You will watch your Basic march in squadron formation yelling "Jodie's" which are military marching songs. You will be able to see how excited the Basics are as they are almost done with Basic Training when they march back to the Academic area! Quite the milestone.

Please note the North Gate will not open early so visitors without military IDs will have to come at 9:00 am. Normally there will be plenty of time for parents to get in place since the road closes only as the formation gets closer to Clune Arena. Parents with military IDs are requested to show no earlier than 8:00 am in order to keep congestion down at North Gate and to give USAFA staff time to get to work. The USAFA Parent Liaison will send out more specific instructions to the local parent clubs as we get closer and post on the 2022 class FACEBOOK page.



Marching out to Jack's Valley for 2nd Part of Basic Training – Deployment and Endurance Training

**BCT Coin Ceremony:** (2 Aug 19) The BCT Coin Ceremony is held when the Basics return from Jack's Valley. Each Basic is given a coin in honor of completing Basic Training and one Basic from each BCT Squadron is recognized as an Outstanding Cadet. <u>This is also called BCT Graduation, but not not parents only the Cadet Wing.</u>

**Privacy Act Release of Cadet information to Parents (Academic & Medical Information).** Unless your Cadet gives the USAF Academy specific permission to release Privacy Act information (Academic or Medical information), USAFA staff will only be able to discuss the procedures. Your first action should always be to ask your Cadet. As the adult and active duty member the Cadet can give permission to release Academic information and not medical or vice versa, to release both, or to restrict the release of any information. They will do this as part of in-processing, but can update later easily if they choose.

You can contact their Air Officer Commander (AOC), but always start with your Cadet. **During BCT** however, Cadet Wing leadership requests you to call the Parent Liaison, Rose Marie Nikovits, and she will get your question answered and forward any concerns to leadership. (See below for USAFA Parent Liaison contact information)

**Family Emergencies:** Feel free to contact your Cadet's AOC or AMT (enlisted superintendent) in case of family emergencies <u>after Basic Training</u>. As discussed above **during BCT** however, Cadet Wing leadership requests you to call the Parent Liaison and the Parent Liaison will get your question answered and forward any concerns to leadership. You can contact the Parent Liaison Toll Free at 1-877-268-3383 or (719) 333-3828, or e-mail: <u>USAFA.ParentLiaison@usafa.edu</u>. The commanders really do try and work out emergencies as quickly as possible.



**Updating Cadet Personal Information:** Only Cadets can update their personal information. Cadet personal information can be updated by a visit from the Cadet to the Office of the Registrar's Customer Service Desk in Fairchild Hall. Additionally, the Cadet Administrative Management Information System (CAMIS) provides an avenue by which Cadets can update certain portions of their personal information. These include privacy act information (academic & medical) and disclosure waivers. Please ensure they update your contact information (to include e-mail) if there are changes.

**Falcon Alerts:** This is a program that Cadets sign up for sign up for texts for weather, base exercises, or emergencies notifications. Cadets can sign up parent phone numbers as well. Get with your Cadet so they can add your cell phone number if you are interested.



Acceptance Day Parade: (6 Aug 19, 9:00 a.m.) After the parade shoulder boards (rank) are put onto the C4Cs. The rank has to be put on by upper classman Cadets, but parents are allowed on the field to observe and take pictures. Please see the Cadet Rank Shoulder Boards chart below. This is unique parade as it is a wedge formation and the BCT squadrons will march and join the rest of the Cadet Wing. You won't see another parade like this until their Graduation Parade when the seniors leave the Cadet Wing in a wedge formation.

To help you find your Cadet, the squadrons are organized from your left to your right. Cadets squadrons 1-10 followed by squadrons 11-20. To the right of the center are Cadet squadron(s) 21-39, followed by 31-40. If you are close, you can spend 1 or 2 hours with your Cadet after the parade. This is a parade officially accepting the C4Cs into the Cadet Wing. Cadets must stay on base to eat. Some parents bring a picnic lunch or there is Subway, Dominos Pizza, and WingZone in Arnold Hall. On other parts of the base there is to eat is the Falcon Club, Golf Course, Bowling Alley, and Burger King with your Cadet escort. You can also eat at Mitchell Hall (Cadet Dining facility) for a small fee from 11 - 1pm. Pay attention to the time. Ensure you leave enough time for your Cadet to walk you out of the secure area (if necessary) and get back to their appointed duty location.

Academic Classes Begin: Prep School Classes begin on 6 Aug 19 and Cadets begin 8 Aug 19. Reminder please don't send packages during Aug/Jan so students can order textbooks online and get them before class starts.

## **Daily Life at the United States Air Force Academy**

**USAFA CADET RANK INSIGNIA** FIRST CLASS = ALL C/CAPT CICAR SECOND CLASS -SQUADION SUPERINTENDENT C/SMSGT FIRST SURGEASET C/MAGE OPPENDING CACANSIT -THIRD CLASS-– FOURTH CLASS —— NO SHOULDER BOARDS BASIC CADET ഹാ 252 NEWSTERN aliatio ch C/AWN. **TEAM CAPTAIN EXAMPLES** - CADET HONOR COMMITTEE -TEAM CAPTAIN DESIGNATED IN LICHTNING BOIT OVER ANY ENERGIA

TAM CAPTNIN SAMPLE #1

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<u>Cadet Contact</u>: Once the Academic year starts, don't be surprised when you can't talk with your Cadet much or they don't get back to you quickly. They will have very limited time due to classes, studying, and military duties. They have to learn to juggle and prioritize many things, so be patient with them. When they get their email account right before classes start and get issued their laptop it will be easier to get ahold of them, but please remember they are super busy and their mail boxes fill up quickly so try and limit your correspondence so they can receive official emails. C4Cs should have their emails and computers by 1 Aug 19.

**Noon Meal formation:** Noon Meal formation occurs normally at approximately 11:35 am at least three times per week. If you are in the area you can watch from the Chapel Wall.

#### Parents' Weekend (PW) (29 Aug – 2 Sep 19) Website: https://www.usafa.edu/about/traditions/parentsweekend/. MAKE YOUR HOTEL RESERVATIONS NOW AS THEY GET BOOKED QUICKLY!

The Website is currently showing 2018's PW information right now, but it has lots of information for your planning purposes. Update there <u>will be</u> classes for Cadets on Friday. Many parents make the reservations a year out for PW (<u>Always Labor Day Weekend</u>) and Graduation. <u>C4Cs must wear their</u> <u>uniforms during your visit. There is no distance exemption for wearing of the uniforms.</u> For the main breaks special permission is giving to C4Cs to be able to wear their civilian clothes once they get home. You will be able to take them home with you Friday night and return them at a specific time on Saturday for the football game. On Thursday afternoon there is a senior leader panel so parents can ask questions of USAFA Senior Leaders. On Friday of PW there will be a parade and you can meet some professors and athletic coaches during their open houses as well as an information fair in Arnold Hall. Check out the USAFA PW website because the events are normally pretty standard and it will give you an idea on how to plan your stay.

Note: Cadets must sit with the other Cadets during the football game on Saturday. After the football game they will be released to you for the weekend and must return on Monday by 7:00 pm. See schedule of events for times on the website and more information. You can also register for PW. This will allow information and updates to be sent directly to your e-mail. The USAFA Parent Liaison will send out information when the webpage is updated and registration is open to local parent clubs and overseas parents (directly). This is voluntary, but encouraged, as it also allows USAFA to gage how many people will be coming for the weekend.

**Prep School Parent Weekend Registering:** PW Registration is not the same for Preparatory School Cadet Candidates. You can register online to help USAFA with a count on who is coming, but most of the information sent to you may be about the Cadets and not Prep School Candidates. The Cadet Candidates will

call home and see if you are coming. If you are planning on coming then the Cadet candidate will have to get the following information from you to get you access to the secure part of the base: 1) Your Name on your Drivers' license, 2) State of issuance, and 3) your date of birth for the Entry Access List (EAL). You can call the Prep School at (719) 333-2583 for more information.

<u>Printers or supplies</u>: Many parents bring supplies etc...during PW. Please note that many squadrons view printers as a privilege and must be earned. So you may bring it, but the Cadet may have to earn the right to put it in their room. They will get issued a laptop. As soon as the USAFA Parent Liaison gets the specific laptop information she will send out and put it in the monthly family newsletter. Advise the Cadet to verify with their Air Officer Commanding (AOC) or Academy Military Trainer (AMT) for approval prior to bringing. Every Squadron has a network printer for Cadet use by Cadets but there are many Cadets using the printer.

#### **Typical Cadet's Day during Academic Year:**

During the academic year, from early August through May, Cadets will have a busy schedule of classes, study periods, military training, and athletic participation. They will awaken by 5:30 am in order to be at breakfast at 7:00 am. Cadets have to rise in time to put their room in order, dress in the Cadet uniform of the day, and be on time for breakfast. After breakfast Cadets will attend morning classes, which begin at 7:30 am and they will attend classes or study until 11:23 am, when they will go to their squadron area for the noon meal formation. Next they will march to lunch with the Cadet Wing and have 20 minutes to eat. After lunch there are more classes or study periods in the afternoon followed by other training, athletics etc... Evening mealtime is from 5:00 to 7:00 pm, and academic call to quarters is at 7:50 pm. Some military activities will be required in the evening, but most of the time will be devoted to studying in their room or in the library. Cadet's day ends with Taps and lights out at 11:00 pm. Most Cadets find that there is not enough time during the day to complete all their assignments and fulfill all their responsibilities. They learn that time management and prioritization are two skills key to survival. The daily schedule will vary during the summer, but they will be busy throughout the day.

Rooms in the two dormitories are similar. Every Cadet room has a twin size bed, dresser, and desk for each Cadet. There is a proper location for everything that is allowed to be in your Cadet's room, and they will be expected to keep their room in perfect order.

Bi-weekly "casual" room inspections ensure your Cadet is meeting standards while frequent (1 to 2 per month) formal room and uniform inspections are guaranteed to teach your Cadet the meaning of "attention to detail." In addition to keeping their room clean they are also required to maintain a perfect uniform. Your Cadet will learn the intricacies of ironing and all the different ways to keep your shoes shined every day.





<u>Weekends:</u> Generally two weekends per month are devoted to military training (Silver Weekends). Training is from Friday afternoon through early Saturday afternoon. Activities during this time include room and uniform inspections, parades, marching practice, military briefings, guest speakers, and professional military education and training. On non-training weekends (Blue Weekends), Cadets are permitted to leave the Academy if they have liberty to use. The Academy refers to liberties and authorizations as permission for Cadets to leave the Academy during off duty periods. Individual passes on Friday evening, Saturday, and Sunday will depend on your Cadet's class and on their overall squadron performance. Authorizations and liberties are gradually increased by class in recognition of added maturity and responsibility.

**Passes:** If your Cadet needs to leave other than normal times or during a Silver Weekend, they can ask permission using a "Triple S" which is a staff summary sheet for routing purposes. This is good in case there is a wedding per say and with this approval they can still go if the squadron gets in trouble.

**U.S. Air Force Birthday Ball (date TBD in September):** This is a mandatory event for Doolies (C4Cs) held each September to celebrate the Air Force's Birthday on 19Sep and they can invite a guest (normally girlfriend/boyfriends). Cadets must wear service dress. For guests suggest a nice party dress or gents a suit, dress shoes, and tie. This is not a casual dance, be conservative. Please note that Doolies cannot pick up their dates. The dates can park in the upper Harmon Hall Parking Lot and meet their Doolies in front of Arnold Hall. Doolies can escort their dates to their cars afterwards. More information will follow as details are worked out.

**<u>4 Degrees Laundry Information</u>**: Dry Cleaning and Laundry service is taken out of C4Cs monthly pay automatically. For example, last year for the class of 2021 the monthly deduction was \$28.84 for Dry Cleaning and \$58.53 for laundry service. (The budget isn't out yet for 2018- 2019 Academic Year yet). 2021 Cadets have been complaining that they don't like the service that Goodwill (the contractor) is providing and are asking for 10th Force Support Squadron (10 FSS) gift certificates to do their Laundry.

Cadet Wing policy is that four degrees are not to use 10 FSS laundromat without their element leader or higher approval. Cadet Wing Support Division would like the Cadets to come to them if the Cadet is having issues with the contracted laundry service as the customer service reps.

If the Cadets are approved, then parents can call the 10 FSS Laundromat and purchase gift certificates for \$8.00 per 10 pounds at (719) 333-4563 or 2615 to pay by credit card or the Cadet can come in and pay. The folks at the Laundromat keep the certificates by squadron or the Cadet can take the certificate. If the certificate is lost however, then the Cadet is out. Either way the money will still be taken out of the C4Cs pay monthly.

Leave (vacation): Cadets will receive approximately five days of leave each Thanksgiving, two weeks at Christmas, one week during the Spring Break, and two to three weeks of summer break (after your first year), based on the training programs you will be taking. Please note that if you are deficient in academics or athletics you may be directed to participate in specific programs in lieu of summer leave. Cadets must pay their own transportation costs during these breaks. The 10th Force Support Squadron does provide a shuttle bus service for a cost to the Colorado Springs and Denver airports during the breaks (not including Summer Break).



**Thanksgiving/Winter Break/Spring Break Procedures (normally):** Shuttle Info will be sent out through Parent Clubs when released and posted on the USAFA Webpage. Please note that travel home for breaks is paid by the Cadet and not USAFA.

<u>Thanksgiving Break:</u> (26 Nov – 1 Dec 19) The official release for Cadets for Thanksgiving is Last Military Duty (LMD). The Cadets will normally be able to leave after the LMD. LMD could be noon formation if the Cadet has a morning class or after an afternoon class. Check with your Cadet before purchasing any airline tickets. Cadets should land in Denver not later than 3 hours prior to Academy check-in time of 7pm. No set time for Colorado Springs, but at least an hour is suggested.

#### Winter Break:

<u>Cadets:</u> (16 Dec 19– 5-Jan 20): The official release date is Sunday, 16 Dec 19 for Cadets. The Cadets will normally be able to leave anytime on the release date. That being said, you need to **CHECK WITH YOUR CADET**. If your Cadet takes their last final on Wednesday, then they can leave after their final with Commander's permission (standard release is given). Your Cadet can go into the computer system here (CAMIS) and look up each of his or her classes (hopefully sometime in September) and see when their finals are. Cadets will not be allowed to move up finals for airline tickets. Also the return date for Cadets is 3 Jan 19 by 7pm. Cadets should land in Denver not later than 3 hours prior to Academy check-in time at 7 pm. No set time for Colorado Springs, but at least an hour is suggested.

<u>Spring Break</u>: Spring break for Cadets is 20 - 29 Mar 20. They will normally be able to leave after the last military duty (LMD) with a return by 7:00 pm on 29 Mar 20. Cadets should land in Denver not later than 3 hours prior to Academy check-in time at 7 pm. No set time for Colorado Springs, but at least an hour is suggested.

**Vacation Travel:** Ensure you plan early for vacations like cruises or resorts. Especially in Mexico. There are some restrictions for active duty to these areas. Your Cadet must check with the Cadet Wing's Antiterrorism Officer to ensure they do what is required and are approved to go by Cadet Wing leadership. Ensure your cadet has enough time to go through proper approval processes for these trips and to get a leisure passport if needed.

**Shuttle Rides to Airports:** For the main breaks from the Academy, (Thanksgiving, Winter, & Spring Break) the 10th Force Support Squadron (10 FSS) Outdoor Recreation Office (719) 333-4602, has shuttle buses (for a cost) that will take the Cadets and Cadet candidates to Colorado Springs and Denver Airports. Schedule is normally out some time in September and the USAFA Parent Liaison will send out as soon as the schedules are available and post on the USAFA Parent webpage as well. The Cadets or parents can purchase. Please ensure you have the flight information ready. It never fails that a Cadet has a plan to get to the airport and the plan falls through. It happens a lot so keep this in mind when deciding on whether or not to use the shuttle service.

**NOTE:** For summer break there are NO shuttle rides provided by 10 FSS. Cadets are on their own to get to airports. Please don't wait to purchase shuttle bus tickets once Cadet Outdoor Recreation is accepting reservations.





Shuttle information from DIA to Colorado Springs (not from 10 Force Support Squadron for Summer Break): These commercial shuttles don't normally come directly to USAFA, but to a hotel in Colorado Springs. The below information is provided by request it is for information only to get you started. Check the internet for more options. No endorsement of the following shuttles is being given by USAFA, but provided by parent requests.

- 1. Front Range Shuttle (direct to airports): <u>http://www.frontrangeshuttle.com/</u>, (719) 237-2646.
- 2. Colorado Springs shuttle: <u>https://www.coloradoshuttle.com/prices-schedules</u>, 1-877-587-3456, (719) 687-3456, Reservations: reservations@coloradoshuttle.com

**TAXI information for USAFA access before or after Visiting Hours**: For your information the following taxis have already been approved for access to the installation before and after visiting hours. So your Cadet can call them to get to the airport or local hotel to catch a shuttle to airports during non-visiting hours.

- 1. Yellow Cab, (719) 777-7777, http://www.yccos.com/community.html
- 2. Springs Cab, (719) 444-8686
- 3. Uber drivers are authorized on base: 1-800-101-3611, <u>https://www.uber.com/cities/colorado-springs/</u>

<u>Separate Rations while on breaks</u>: Since your Cadet will not be eating in Mitchell Hall while on break, they will fill out a form before they leave to give them extra money for separate rations. Parents don't do anything. Cadets will see the payment in their paychecks the following paycheck normally.

<u>4 Degree uniform requirements during major breaks</u>: Normally a blanket waiver is given for 4 Degrees so they can wear civilian clothes while home. Your Cadet will know what they are allowed to wear while they are on breaks.

<u>Cadet Return delays (weather etc.)</u>: After BCT Cadets can call their AOC/AMT to let them know they are delayed due to weather etc... If they can't reach one of them, then they call the COS Regional Command Post Colorado Springs (COS) Regional Command Post at 719-333-2633 and ask to be connected to their Squadron AOC/AMT or CQ desk.

Aviation, Airmanship, and Space Programs: A very large part of the Academy experience involves flying, unmanned aerial systems, and space courses. Many Cadets volunteer to enroll in a soaring course, where they can pilot a glider and have the chance to solo.

Your Cadet also has an opportunity to take an elective course in free-fall parachuting, complete five freefall parachute jumps and receive their basic military jump wings. Cadets who volunteer for the elective space course learn about current Air Force space mission areas with hands-on experience and the opportunity to upgrade to a certified ground station operator for USAFA's own satellite, FalconSAT. Additionally, Cadets can explore one of the newest areas of Air Force operations by planning and piloting unmanned aerial systems over the Academy reservation.

Other aviation courses offered vary, ranging from a course on Air Force combat operations to courses designed to prepare graduates to excel at Specialized Undergraduate Pilot Training (SUPT). We even offer select Cadets a chance to serve as Cadet Aviation Instructors, where they gain invaluable leadership experience both in the air and on the ground. Cadets at the Academy who demonstrate high levels of ability in airmanship programs can compete at the intercollegiate level. All of the Cadet aviation teams are nationally recognized and perennially earn top honors. These teams also conduct demonstrations at public events, nationally and internationally.

<u>Cadet Drum and Bugle Corps</u>: Since 1971, the USAFA Cadet Drum and Bugle Corps, nicknamed the "Flight of Sound," has entertained more than 100 million people nationwide with exciting performances. The Corps is a live combination of military precision and music; performing an average of 100 times per year, they are known as the Academy's ambassadors of musical excellence.

The mission of the Corps is two-fold: support Cadet Wing events and public relations. The Corps performs at Academy home and away football games, as well as travels for parades. Past parade appearances include Presidential Inaugurations, the New York City Macy's Thanksgiving Day Parade, Mardi Gras in New Orleans, and the Tournament of Roses parade in Pasadena, California. In addition, the Corps has traveled to Aspen and Keystone ski resorts here in Colorado to perform at various functions while enjoying skiing opportunities.

Fourth-class Cadets are permitted and encouraged to participate in the Drum and Bugle Corps. Your Cadet will be allowed to travel with the Corps to all football games and performances away from the Academy. Auditions for the Corps will be held immediately following Basic Cadet Training (BCT).

If your Cadet has ever played any musical instrument, even if it was a few years ago and they stopped, the Corps can use them! Reading music is the Corps' biggest desire. The brass section consists of trumpet, F mellophone (French horn), baritone (trombone), euphonium and (tuba) bugles. The drum line includes snares, tenors, bass drums, and cymbals. Woodwind/string players are also welcome as the transition to a brass or percussion instrument can be fairly quick. Everyone may audition/interview and will be given instruction.

If your Cadet is interested in the Corps, ensure they fill out the Drum and Bugle Corps form on their Admissions Portal and if they have one of the instruments above, bring it with them to the Academy. For questions, please contact the D&B director, Scott Crump, at <u>drum.bugle@usafa.edu</u>.

<u>Gold Prop & Wings:</u> Cadets will wear standard chrome plated prop and wings on flight caps upon recognition. Direct descendants of Army Air Corps, Women Air Force Service Pilots, or a parent who is an USAF Academy graduate are authorized to wear gold prop and wings.



**The Center for Character and Leadership Development (CCLD):** The USAF Academy defines character as: "One's moral compass; the sum of those qualities of moral excellence which move a person to do the right thing despite pressures to the contrary." In addition, we define a "Leader of Character" as one who (1) Lives honorably; consistently practicing the virtues embodied by the Core Values, (2) Lifts others to their best possible selves, and (3) Elevates performance toward a common and noble purpose.

Therefore, the mission of the Center for Character and Leadership Development is to help create an environment where people want to relentlessly pursue the identity of a Leader of Character. To this end, the Center is organized into four divisions and more information on the CCLD can be found on the Official USAFA website link: <u>https://www.usafa.edu/character/</u>.







# Class 2023 Projected Expenses

July 2019– June 2019

Uniforms	\$4,175
Servicemans' Group Life Insurance (SGLI)	\$ 348
Fees (Athletic, Allied Arts)	\$ 170
Textbooks/Media/KAFA/BCT & Yearbook	\$1,987
Computer (hardware, software, maintenance)	\$2,275
Personal Services (barber, laundry, tailor,	\$1,958
linen, dry cleaning)	
Estimated Expenses	\$10,838
Estimated Income (\$1027 X 12 months)	\$12,747

Questions: The totals are an estimate based on last year's costs. Contact the USAF Academy Financial Service Office at 719-333-6994 or 6982 for questions concerning Cadet Pay. Once the expenses have been finalized for 2019- 2019 it will be added to the USAFA Parent Webpage under Cadet Financial Information: <u>https://www.usafa.edu/parents/Cadet-financial-information/.</u>

#### Personal checking and Share Draft Accounts:

Appointees (to include 17 year olds) must initially open a checking account (free with your direct deposit) at Armed Forces Bank on USAFA by going to <u>www.afbank.com/openrecruit</u>. The bank is located in the Cadet area. The signature card will be found online on the Admissions Portal. Complete and sign the signature card and mail it, along with a copy of your photo ID to: Armed Forces Bank, P.O. Box 10, USAF Academy 80840, Attn: Cadet Bank. Armed Forces Bank is the only bank located in the Cadet area (Sijan Hall) and is fully staffed for Cadets. ATMs are also located in both Vandenberg and Sijan Hall dormitory. For additional banking information or questions contact Armed Forces Bank: phone (719) 208-8780, (719) 208-9870 or e-mail: <u>usafaCadetbank@dfckc.com</u>. Parents can be added by signature card after Parents Weekend so they can make deposits to Cadet's account. Parents can be added by signature card after Parents Weekend so you can make deposits to your Cadet's account.

The Cadet may change their direct deposit to a bank of their choice after their pay account is established using the Cadet payroll on-line capabilities.

#### Scholarship and/or Educational Investment Funds: Accepted after 19 August 2019 for Appointees

**Scholarships:** Agencies should issue scholarship proceeds directly to the Cadet. When a scholarship agency is unable to make payment directly to the Cadet, the scholarship may be accepted for credit to the Cadet's pay account provided there are no restrictions on the scholarship and the check is payable to the US Treasury. Restrictions are any condition or limitation an agency places on the use of their scholarship funds. Restrictions examples: "must be used for tuition, room and/or board," "student is required to maintain a specific GPA," "scholarship funds will be paid back if Cadet Candidate disenrolls," etc. Scholarships silent on restrictions will be treated as non-restrictive and accepted. Once a scholarship is accepted is it never refunded to the agency granting the scholarship, even if the Cadet or Cadet Candidate disenrolls. Be sure to memo the Cadet's full name and social security number on the check.

**Educational 529s/EE bonds:** CHECK WITH YOUR STATE FIRST FOR THE 529s as each state is different. Cadet Pay can't accept checks or bonds direct from investment business. Cadets/parents must cash the checks /bonds first and then write a personal check using the instructions as listed above under Scholarships. This can be used for student costs here at USAFA such as books and laptop.

Please have the check made payable to: "US TREASURY" and then mail the check to:

HQ USAFA/FMF 2304 Cadet Drive, Suite 2200 USAF Academy, CO 80840-5035

<u>Cadet Discretionary Money</u>: Cadets should bring discretionary money of approximately \$275 plus any anticipated travel funds. This will allow students to purchase items needed prior to the first payday. These will include miscellaneous items such as toiletries, cleaning supplies, ironing board, school supplies etc... The Cadets are buying these supplies from the AAFES Cadet store and a credit card is taken at the Cadet Store. Uniforms and equipment come through payroll.

#### **Cadet Basic Pay/Advance of Pay**

Cadets earn \$1027 (estimated) per month in basic pay. This is to cover a majority of school related expenses. Since most expenses are incurred within the first eight months (uniforms, computer, textbooks, etc.) Cadets receive an advance of pay (interest free government loan) to cover these mandatory expenses. The advance is automatically collected back within two years by payroll deduction.

Cadets who separate before the advance is repaid are expected to return uniform and equipment items acceptable for resale to repay as much of the advance loan as possible. The remaining debt balance will become taxable income. The debt itself is forgiven.

You can turn in checks for the class of 2022 after **19 August 2019**. Other classes can be turned in at any time. The checks should be made payable to US Treasury and memo the student's full name and social security number. Mail checks to: HQ USAFA/FMF, 2304 Cadet Drive, Suite 2200, USAF Academy CO 80840-5035. Cadet Pay's phone number is (719) 333-6994 if you have specific questions.

# **MEDICAL INFORMATION**



Most Parents keep their Basic Cadet on their insurance plan for six months to a year. This is just in case your Cadet leaves the Academy then they will still have medical coverage.

<u>Proof of Cadet Health Insurance</u>: Please review the below link. The link will provide you with the phone number and information on how Parents can receive proof of medical coverage. Suggest calling the Beneficiary Line highlighted below for urgent requests.

http://www.tricare.mil/Plans/Eligibility/DEERS/milConnect/Proof.aspx

REQUESTS FOR PROOF OF INSURANCE CERTIFICATES

Requests for certificates may be made in writing, via fax, or by phone.
Written (mailed or faxed) requests for a certificate must include:
Sponsor's name and Social Security number or Department of Defense Benefits Number
Name of person for whom the certificate is requested
Reason for the request
Name and address to whom and where the certificate should be sent
Signature of the requester

Mail written requests to: Defense Manpower Data Center Support Office (DSO) Attn: Certificate of Creditable Coverage 400 Gigling Road Seaside, CA 93955-6771

Fax requests to 1-831-655-8317.

Cadets can call the DSO Beneficiary Line directly at 1-800-538-9552 to request or check the status of their certificate. The DSO will review each request. Certificates can take up to three weeks to process. However, if Cadets request is urgent, they can request that processing be expedited and your certificate can be faxed directly to a particular number.

On base POC is Glenda Phillips <u>Glenda.phillips@us.af.mil</u>. Phone: (719) 333-5281 (USAFA TRICARE for Cadets)

### LETTER FROM 10 MDG ON MEDICAL COVERAGE FOR USAFA CADETS:

Each year there are lots of questions regarding medical coverage. The main question being: should I maintain my Cadet on my family health insurance plan once they are at the USAFA? The other being, what happens when a Cadet gets sick away from the AFA while traveling or is home on break?

#### Medical Care for United States Air Force Academy Cadets -

Welcome to the United States Air Force Academy Military Medical Treatment Facility-10th Medical Group. We are dedicated to providing your son/daughter with exceptional service and access to consistently high quality health care. I encourage you and your Cadet, once they are settled in, to visit our Cadet clinic.

While assigned to the USAFA as an active student they are entitled by law (Authority is 10.U.S.C. 1074, 6201-6203; 31 U.S.C. 1535) to the following military medical care:

1) Direct outpatient Care	4) Emergency Care
2) Aeromedical Evacuation	5) Immunizations
3) Dental Care	6) Prosthetic Devices (includes hearing aids)

**Cadets must have approval/authorization to receive care in the civilian community and Urgent Care Clinics. Routine care is not covered.** The care and treatment of injuries/diseases that existed prior to departure on leave are not considered emergencies. Whenever Cadets require routine medical care, they can use the nearest US. Military Medical Treatment Facility available (Army, Navy, or Air Force). For assistance in finding a military hospital near your home, call 1-877-988-9378 or visit website: <u>http://www.tricare.osd.mil/.</u>

Cadets requiring Emergent/Urgent care in the civilian community, have to utilize the local Emergency Room or contact the Cadet Clinic (719-333-5180). Current Cadet clinic hours are from 0600-1800 Monday through

Friday and 1200-2000 on Saturday, Sunday and Holidays. An On-Call provider is always available through the automated system (524-2273 or 526-2273) for after hours and weekend authorizations. After hours you will be directed to our answering service and they will contact the provider on-call. If it's after hours or you are unsure if you need to see a doctor, you can call the TRICARE's Nurse Advice Line by calling 1-800-TRICARE (874-2273) and choose Option 1, 24 hours per day seven days per week. Failure to receive authorization could result in a Point of Service charge where the Cadet/Cadet Candidate is responsible for the bill. If this occurs the Cadet/Cadet candidate could submit the claim through their parents' medical insurance if they are still a covered beneficiary.

For emergency situations (risk of loss of limb, limb, or eyesight) Cadets should go to the nearest emergency room for care (or call an ambulance if the situation supports it). As soon as the medical situation has been stabilized, the Cadet should report the visit to the Cadet/Flight Medicine Clinic (719-333-5180) and Benefit Support Office (719-333-5281, for insurance purposes).

For emergency dental care in the civilian community to eliminate or prevent undue pain and suffering, Cadets must call the Cadet Dental Clinic (719-333-5190) for pre-authorization. Cadets should use the nearest military medical treatment facility for non-emergent dental care.

The Cadet should identify himself or herself as an active duty member and provide their name, social security number, squadron and their Air Force Academy mailing address. If a civilian provider/facility is used, direct them to mail all claims to:

### TRICARE

West Region Claims P.O. Box 7064 Camden, SC 29020

Cadets must report the use of civilian care to the USAFA Cadet Clinic, Commercial (719) 333-5183, DSN 333-5183. They must also contact our Benefit Support Office (719-333-5281) for benefit questions and insurance claim issues. If you receive bills from a civilian hospital, bring them immediately to the TRICARE Service Center, located in the main lobby of the 10th Medical Group. If you paid for medication or hospital bills, keep all receipts and any other documentation that shows proof of payment.

A Cadet Clinic provider must see Cadets the next duty day from their return to the USAF Academy if medical treatment was received while away from the Academy.

Parents/guardians are encouraged to maintain health insurance coverage for their son/daughter in the event that they are disenrolled from the USAF Academy or develop catastrophic illnesses (e.g. liver transplant, potential heart transplant...). On average 40 Cadets are medically disqualified and the Air Force has no financial obligation once the Cadet is disenrolled from the Academy (medically or otherwise). Your son/daughter may qualify for Veterans Administration (VA) outpatient/inpatient care which they will determine.

If you need additional information about your Cadet's medical coverage, please contact the Benefit Support Office at (719) 333-5281. We look forward to caring for your son/daughter at the 10th Medical Group.

//Signed// WALTER M. MATTHEWS, Col, USAF, MC, CFS Commander, 10th Medical Group

# **Miscellaneous Information:**

### **Cadet Chapel Programs**

#### Worship

The Wing Chaplain's office offers weekly worship opportunities to include, but not limited to, Protestant, Catholic, Jewish, Islamic, and Buddhist faiths. An All Faiths room is available for meditation and prayer. Throughout BCT there are worship opportunities available on Friday and Sunday. For worship services and times, or if there is a worship opportunity a cadet would like to be active in that is not listed, contact the Cadet Chapel office at 719-333-2636. For more information on Chapel programs visit the Cadet Chapel website: <a href="https://www.usafa.edu/academics/facilities/cadet-chapel/">https://www.usafa.edu/academics/facilities/cadet-chapel/</a>

Chaplain counselees enjoy total and absolute confidentiality—nothing discussed behind closed doors may be released without the consent of the counselee. This is a privilege that only applies to counseling with chaplains, and to no other counseling services in the military.

# **Cadet Help**

A variety of organizations are readily accessible for Cadets to get help when they need it. In most instances, Cadets need to initiate contact with the following organizations. In some cases, Cadets will be directed to seek guidance. Parents can find out more information on Helping Agencies at the USAFA Website link: <a href="https://www.usafa.edu/helping-agencies/">https://www.usafa.edu/helping-agencies/</a>.

**<u>Peak Performance Center</u>** (719) 333-2107 Administrative Director: Lt. Col. D. Franklin Swayne Location: Sijan Hall, Room 2A13

The Peak Performance Center is committed to promoting the dignity, respect, and well-being of each Cadet. The center facilitates the development and inspiration of future leaders by maximizing personal potential and preventing and working through interpersonal conflicts. Cadets who use our center are viewed as vital partners in a growth-oriented, future- focused process intended to enhance their effectiveness in personal and professional endeavors.

The center seeks to remove barriers to optimal academic and behavioral functioning and to enhance professional development across the Cadet Wing through a range of services: clinical counseling services, outreach and educational training, and organizational assistance toward individual and/or institutional enhancement. Counseling is offered for anxiety and fears, assertiveness, depression, eating problems, family problems, grief and loss, relationships, self-image/self- confidence and stress, and substance abuse prevention. The Center also off biofeedback training for performance enhancement in the area of sports, academics, and combat training.

The Peak Performance Center has been granted full accreditation since September 1991 by the International Association of Counseling Services. The counselors are all master's or doctoral level mental health providers and/or Certified Alcohol and Drug Abuse Counselors.

Cadet Clinic (719) 333-5180

The Cadet clinic provides health care for Cadets.

## Chaplains (719) 333-2636

The Cadet chaplain's office provides counseling and spiritual advice.

## Airman and Family Readiness Flight – Financial Counseling (719) 333-3444

Financial counseling is available by appointment Monday through Thurs- day during normal duty hours (0730-1630).

## Sexual Assault Hotline (719) 333-7272

The Sexual Assault Prevention and Response (SAPR) program provides 24/7 confidenital response to all reports of sexual assault (regardless of when they occurred) and promotes assistance and support for victims of sexual assault to promote personal and academic growth. Contact the Sexual Assault Response Coordinator (SARC) for all reports of sexual assault.

### **Sponsor Program** (719) 333-2727

The sponsor program provides Cadets with exposure to military family life and positive adult role models. Cadets are automatically assigned a sponsor family during Basic Cadet TrainingCadets can request a specific sponsor if the sponsor lives in the immediate Colorado Springs area.

### Student Academic Services (719) 333-9841

Student Academic Services provides a variety of assistance, including academic counseling, study strategies and time management, reading enhancement, scholarship programs, writing assistance, and evening tutoring in technical and quantitative subjects.



Hometown News Release (for local Newspapers): Your Cadet (not parents) can go to the following link and put in a Hometown News Release for their achievements here at USAFA. The Cadet has to release their Privacy Act Information for the article to be used. Please note that you must have a CAC identification card (active duty ID) to use this program. Parents can't update for their Cadet. It is up to the newspaper to publish or not to publish the news article.

Hometown News Release link: https://jhns.release.dma.mil/public

<u>Approved Academic Calendar</u>: The Academic calendar link is below. The link for the calendar is: <u>https://www.usafa.edu/app/uploads/AY-2018-2019-Calendar-Approved-13-Dec-17.pdf</u>.



# **Photo access for parents**:

The U.S. Air Force Academy Public Affairs office provides command information to the installation and the public. One of the ways we do this is through social media venues such as

Facebook, Twitter, Instagram, Flickr and YouTube. All information provided is official, but there is also fun stuff on there too. Did you know you can download photos from our Facebook page, for free?

FB: www.facebook.com/USAFA.Official

Twitter: @AF\_Academy Instagram: AF\_Academy Flickr: AF\_Academy

USAFA also wants your Academy photos. Upload them to Instagram using #YourAcademy. You might see it on Facebook and Twitter. If you have any questions, please call the Public Affairs office at 719-333-7731. The Association of Graduates (AOG) also provides pictures for a cost. You can sign up with their Webguy using this link: <u>http://www.usafawebguy.com/</u>. (See more information below)

<u>Cadet Media</u>: Cadet Media also takes lots of pictures and you can access them online at no costs. You will also order yearbooks, class photos etc...through them. Cadet Media's website is:

http://www.usafasupport.com/Cadet-activities/Cadet-media



# ASSOCIATION OF GRADUATES AND THE USAFA ENDOWMENT

Association of Graduates (AOG): The AOG is the alumni association for the Air Force Academy. The AOG has a website worthy of periodic perusal for information about the Academy and the graduate community: <u>http://www.usafa.org/</u>. Parents can become members of the AOG while your Cadet is a Cadet. Each member, whether a graduate, parent, or friend of the Academy, helps maintain and expand current programs as well as develop new ones. Call the AOG at (719) 472-0300 if you have any questions. This is a Voluntary option.

1. <u>Freshman parents</u> can become members by going to the below link as a Club Member. Please note there is a monthly charge to become a member and WEBGUY is not part of USAFA Cadet Media and USAFA Public Affairs office (which is at no cost and can be accessed by internet also), but the AOG does take lots of pictures. Check out the site. WEBGUY is separate than the office of Parent Liaison; however we work closely together. (Sometimes new parents think they have already signed up for a parent club during the in-processing information fair when they get to the Parent Liaison table.) The AOG has Cadet and Family memberships. Please see the following link for more information. http://www.usafawebguy.com/aog-usafa-class-club

2. <u>Other class year parents</u> can obtain regular memberships by signing up at the following website. <u>http://www.usafa.org/Membership</u>

#### **USAFA Endowment Fund Information**

Each fall, parents may receive a call from the USAFA Endowment and are asked to become Sabre Society level donors to the Air Force Academy Fund. Over the last three years, parents have contributed more than \$2.5 million to the Air Force Academy Fund. The USAFA Endowment's Air Force Academy Fund is an annual, unrestricted fund that enables the Endowment and the Association of Graduates to fulfill their missions in support of the Academy. The primary purpose of the Air Force Academy Fund is to provide private, unrestricted funds in support of a variety of Cadet and graduate programs, capital projects and key Academy priorities as identified by the Superintendent. Throughout the year, a variety of methods are used to raise these funds. If you have questions about these calls or experience any problems, please feel free to contact the USAFA Endowment at (719) 472-0300.

# **IMPORTANT PHONE NUMBERS**

Please refer all phone calls to the appropriate office.

# USAF Academy Contact Guide

Area code is (719)

# Office

Phone

Admissions Office	
Link: http://www.academyadmissions.com/	(800) 443-9266
Airman & Family Readiness Flight	333-3444/3445
Arnold Hall	333-2710
Aero Club	333-4423/4542
Aeronautics/DFAN	333-4010
Air Academy Federal Credit Union	593-8600
Armed Forces Bank	472-1090
Arts & Crafts Center	333-4579
Association of Graduates	472-0300
Astronautics/DFAS	333-4110
Athletic Ticket Office & Information Center	
afa.tickets@airforceathletics.org	(800) 666-8723
Auto Shop	333-4752
Barber Shop Cadet (Sijan Hall)	333-4625
Beauty/Barber Shop Cadet (Vandenberg Hall)	333-4563
Behavioral Science & Leadership	333-2514
Biology/DFB	333-2720
Bowling Center	333-4709
Cadet Book Store (Vandenberg Hall)	472-6100
Cadet Chapel Tourism & Events	333-4515
Cadet Clinic	
Cadet Medicine Clinic	333-5180 opt 1
Immunization Clinic	333-5080 opt 5, opt 5 again 333-5189

Optometry Clinic	
Cadet Command Center/ Cadet Wing Operations Center (Emergencies only)	333-2910
Cadet Dental Clinic	333-5192
Cadet Issue (ABU Boots/Uniforms)	333-3218
Cadet Pay	333-6994
Cadet pay & Scholarship Check	333-6982
Travel Reimbursement Questions	333-4298
Cadet Personnel	333-3244
Cadet Post Office	472-1198
Cadet Sponsor Program Office	333-2727
Cadet Treats "Petals and Blooms" Link: http://petalsnblooms.com/	472-8589
Cadet Wing Media Link: http://www.usafasupport.com/Cadet-media.html	333-4644
Cadet Staff Group 1	333-4390
Cadet Staff Group 2	333-4572
Cadet Staff Group 3	333-4312
Cadet Staff Group 4	333-4681
Cadet Scheduling	333-9216
Cadet Transcripts	333-2106
Chaplain's Office	333-4694
Chaplains and Programs	333-2636
Chemistry/DFC	333-2960
Civil & Environmental Engineering/DFCE	333-3150
Computer Science/DFCS	333-3590
Computing Services (computers, software, printers)	333-3994
Dental Clinic	333-5192
Dermatology Clinic	333-5291
Economics & Geography/DFEG	333-3562
Electrical & Computer Engineering/DFEC	472-2050

Engineering Mechanics/DFEM	333-3190
English and Fine Arts/DFENG	333-2531
Equestrian Center	333-2019
Falcon Club	472-8639
Falcon Foundation	333-4253/8192
FAMCAMP Camp Ground	333-4977
Farish Camp Ground	333-4096
Framing & Engraving shop	687-9098
Foreign Language/DFF	333-4579
Golf Course Reservations	333-3820
HAPS Lounge	333-2606
History/DFH	333-3908
Intramural Program	333-3230
JPPSO (shipping household goods)	333-2766
Language Learning Center	333-3007
Law/DFL	333-2103
Law Enforcement Desk (non-emergency)	333-3680
Library	333-2000
Life Touch photos	333-4665
Lodging "Rampart Lodge"	1-800-426-9533 x 128, 472- 1940
Mathematical Science/DFMS	333-4470
Mental Health Center	333-5177
Mitchell Hall (Dining Facility)	333-4989
Outdoor Recreation/Supply (Vandenberg)	333-333-4602
Parent Liaison	1-877-268-3383;
usafa.parentliaison@usafa.edu	333-3828
Pass and Registration (South Gate)	333-0443
Peaks Performance Center	333-2107

PE Department	333-2798
Philosophy	333-4070
Physics/DFP	333-3510
Picnic Areas	333-4753
Political Science/DFPS	333-2270
USAFA Preparatory School e-mail: PrepInfo@usafa.edu	
website: https://www.usafa.edu/prep-school/	333-2583
Registrar's Office	333-3970
Security Clearance Forms	333-8999/9036
Sexual Assault Hotline	333-7272
Starbucks (10 FSS) in Arnold Hall	472-7930
Ticket & Tours "Colorado R & R Travel" ITT	333-7367/7816
Travel (Official) - SATO Travel	855-794-4923

# Helpful Websites:

USAFA Official Webpage: https://www.usafa.edu/

USAFA Parent Webpage: https://www.usafa.edu/parents/

USAFA Graduation Webpage: https://www.usafa.edu/about/traditions/graduation/

USAFA Parent Weekend Webpage: https://www.usafa.edu/about/traditions/parents-weekend/

Important Date Listing: https://www.usafa.edu/app/uploads/Important\_Dates.pdf

<u>Cadet Survivor Guide:</u> 10<sup>th</sup> Force Support Squadron has a helpful guide on things the unit has to support the Cadets. It is online at the following Link. Look under Cadet Life and look for the Cadet Survival Guide. https://www.usafasupport.com/Cadet-survival-guide.html.

Cadet Wing Media: (719) 333-4644, e-mail: <u>cwmedia@usafa.edu</u>; <u>http://www.usafasupport.com/Cadet-media.html</u>

Life Touch photos: POC: 800-426-9533 x 128 or ext 241; <u>http://lifetouch.com/</u>

Mitchell Hall Dining Facility: Director: (719) 333-4989 http://www.usafasupport.com/mitchell-hall.html

Academic Calendar website: https://www.usafa.edu/academics/academic-calendar/

**Curriculum Handbook** (which also outlines what summer programs are available for Cadets in what year): <u>http://www.usafa.edu/app/uploads/CHB.pdf</u>

**Cadet Clubs** (just a listing of clubs and POCs, not a schedule of where they may be): <u>https://www.usafa.edu/Cadet-life/clubs/</u>

Admissions: (parents can help us recruit future Cadets): 1-800-443-9266; <u>rr\_admissions@usafa.edu;</u> <u>http://www.academyadmissions.com/</u>

Sports Schedules: http://www.goairforcefalcons.com/calendar/events/

Arnold Hall Website: <u>http://www.usafasupport.com/arnold-hall.html</u>

Base Cadet Treats (Flower Shop) 719-472-8589, petalsnblooms.com

Cadet Outdoor Recreation: (719) 333-4602, http://www.usafasupport.com/vandenberg-orc.html

Common Acronym Listing: <u>https://www.usafa.edu/app/uploads/Acronym\_List.pdf</u>

**Gift Cards order phone numbers:** Cadet Store (Base Exchange) (472-1953); 10 FSS (Outdoor Recreation, Starbucks): (719) 472-7930

Association of Graduates: (719) 472-0300; https://www.usafa.org/AOG

## USAFA Endowment: (719) 472-0300; https://www.usafa.org/endowment

### FLIKR (photos)

https://www.flickr.com/photos/af\_academy/albums/

# PREP SCHOOL INFORMATION:

Below is Contact information for questions for our Prep School Candidate parents.

Prep School for questions: (719) 333-2583, email: PrepInfo@usafa.edu; https://www.usafa.edu/prep-school/







I am an American Airman. I am a Warrior. I have answered my Nation's call.

I am an American Airman. My mission is to Fly, Fight, and Win. I am faithful to a Proud Heritage, A Tradition of Honor, And a Legacy of Valor.

I am an American Airman. Guardian of Freedom and Justice, My Nation's Sword and Shield, Its Sentry and Avenger. I defend my Country with my Life.

I am an American Airman. Wingman, Leader, Warrior. I will never leave an Airman behind, I will never falter, And I will not fail.