



Government Shutdown—Where to Get Help

Programs and Agencies Providing Financial and Subsistence Aid

Current as of: 9 October 2025

(this is a living document that will be updated regularly)

Help at USAFA

Helping Agency	HQ USAFA 1Sgt Line
What they provide	Connects callers to a First Sergeant at USAFA/Peterson for assistance.
Phone	719-502-7168
Eligibility	Active Duty, Reserve/Guard, Dependents, Cadets

Helping Agency	Military & Family Readiness Center (M&FRC)
What they provide	Emergency financial assistance, employment, relocation, EFMP, voting, and referrals.
Phone	719-333-3444
Address	6248 West Pine Loop USAF Academy, CO 80840
Website	https://usafasupport.com/military-family-readiness-center/
Eligibility	Active Duty, Reserve/Guard, Dependents, Cadets, Civilians/Retirees (some services)

Help in the Local Area

Helping Agency	2-1-1 Colorado
What they provide	Statewide connection to vital resources (incl. food/utility help).
Phone	211
Website	https://www.211colorado.org/
Eligibility	Anyone

Helping Agency	Care and Share (regional food bank)
What they provide	Food support.
Phone	719-528-1247
Address	2605 Preamble Point Colorado Springs, CO 80915
Website	https://careandshare.org/
Eligibility	Anyone

Helping Agency	Catholic Charities of Central Colorado Springs
What they provide	Emergency financial help; also soup kitchen and pantry services.
Phone	719-636-2345
Address	228 North Cascade Ave Colorado Springs, CO 80903
Website	https://www.ccharitiescc.org/
Eligibility	Anyone

Helping Agency	Catholic Charities – Marian House Campus
What they provide	Emergency financial help; also soup kitchen and pantry services.
Phone	719-475-7314
Address	14 West Bijou Street Colorado Springs, CO 80903
Website	https://www.ccharitiescc.org/
Eligibility	Anyone

Helping Agency	Charity's Hope Food & Clothing Pantry
What they provide	Food assistance; some financial help listed.
Phone	719-332-2360
Address	201 N Chelton Rd Colorado Springs, CO 80909
Website	https://www.charityshopecs.org/
Eligibility	Anyone

Helping Agency	Colorado Department of Labor & Employment (Unemployment)
What they provide	Pay during unemployment.
Phone	303-318-8000
Address	633 17th Street, Suite 201 Denver, CO 80202-3660
Website	https://cdle.colorado.gov/
Eligibility	Furloughed employees may qualify; excepted (working) employees generally do not; repayment may be required after back pay

Helping Agency	Colorado Springs Utilities
What they provide	Payment options/help for utility bills.
Phone	719-448-4800
Website	https://www.csu.org/customer-assistance/
Eligibility	CSU customers

Helping Agency	Community Economic Defense Project
What they provide	Financial assistance/defense for households in crisis.
Phone	303-838-1200
Website	https://cedproject.org/
Eligibility	Anyone

Helping Agency	COPE (Colorado Springs Utilities)
What they provide	Utility bill assistance.
Phone	719-448-4800
Website	https://projectcopecs.org/get-help
Eligibility	Colorado Springs Utility customers

Helping Agency	Crossfire Ministries
What they provide	Food, clothing (thrift), and utilities assistance.
Phone	719-447-1806
Address	3975 N. Academy Blvd, Colorado Springs, CO 80917
Website	https://www.crossfireministries.org/
Eligibility	Anyone

Helping Agency	El Paso County WIC
What they provide	Nutrition support for eligible families (program remains open).
Phone	719-578-3199
Address	2605 Preamble Point Colorado Springs, CO 80915
Website	https://www.elpasocountyhealth.org/appointments-adults-children-families/wic-women-infants-children/
Eligibility	A pregnant woman; a mom breastfeeding a baby under 1 year of age; a new mom who had a baby or was pregnant in the past 6 months; a baby; or a child younger than 5 years

Helping Agency	Food to Power – Hillside Hub
What they provide	Food access/assistance.
Phone	719-470-2737
Address	1090 S Institute St Colorado Springs, CO, 80903
Website	https://foodtopowerco.org/hillside-hub
Eligibility	Anyone

Helping Agency	Fresh Start Center
What they provide	Food assistance.
Phone	719-495-3123
Address	7375 Adventure Way Colorado Springs, CO 80923
Website	https://www.freshstartcenter.com/
Eligibility	Anyone

Helping Agency	Home Front Military Network
What they provide	Case management, financial help, resource connections.
Phone	719-577-7417
Website	https://homefrontmilitarynetwork.org/
Eligibility	Colorado military service members, veterans (any era), and their families/households

Helping Agency	Mercy's Gate
What they provide	Financial assistance and food pantry.
Phone	719-277-7470
Address	4360 Montebello Dr #300 Colorado Springs, CO 80918
Website	https://mercysgatecs.org/
Eligibility	Anyone

Helping Agency	Mt. Carmel Veteran Service Center
What they provide	Food resources and mental health support for military families in southern Colorado.
Phone	719-772-7000
Address	530 Communication Cir. Colorado Springs, CO 80905
Website	https://www.veteranscenter.org/
Eligibility	Veterans, Military and their Families

Helping Agency	Pikes Peak United Way
What they provide	Connection to local resources (food pantries, utility assistance, mental health, more).
Phone	719-418-6110
Website	https://www.ppunitedway.org/family-success-center/
Eligibility	Anyone

Helping Agency	Rocky Mountain Human Services (RMHS)
What they provide	Financial assistance for veterans; housing-related aid listed elsewhere.
Phone	719-323-2600
Website	https://www.rmhumanservices.org/departments/homes-for-all-veterans/
Eligibility	Veterans

Helping Agency	Salvation Army (Multiple programs)
What they provide	Food and utility assistance; transitional housing also listed.
Phone	719-636-3891
Website	https://coloradosprings.salvationarmy.org/colorado_springs_corps/
Eligibility	Anyone

Helping Agency	Springs Rescue Mission
What they provide	Meals/food assistance; also adult shelter.
Phone	719-632-1822
Address	5 W Las Vegas St Colorado Springs, CO 80903
Website	https://www.springsrescuemission.org/
Eligibility	Anyone

Helping Agency	The Place
What they provide	Financial assistance and basic-needs support for youth/young adults.
Phone	719-338-9257
Website	https://theplacecos.org/
Eligibility	Youth up to age 24

Helping Agency	Tri-Lakes Cares
What they provide	Financial aid, food pantry, and utilities support.
Phone	719-481-4864
Website	https://tri-lakescares.org/
Eligibility	Those living in the Tri-Lakes area / District 38

Helping Agency	Westside CARES
What they provide	Financial help, food pantry, and utility assistance.
Phone	719-389-0759
Address	2808 W Colorado Ave Colorado Springs, CO 80904
Website	https://www.westsidecares.org/
Eligibility	Anyone

Other Available Help

Helping Agency	Air Force Aid Society (AFAS)
What they provide	Emergency financial assistance (interest-free loan or grant).
Website	https://afas.org/how-we-help/standard-assistance
Eligibility	Airmen and Guardians

Helping Agency	American Red Cross
What they provide	Utility or emergency assistance as listed locally.
Phone	719-632-3563
Website	https://www.redcross.org/get-help/military-families/hero-care-network/financial-assistance.html
Eligibility	Active-duty; activated National Guard/Reserve; immediate family of those two (spouse, parents, children, siblings, in loco parentis); military retirees and spouses/widow[er]s

Helping Agency	Basic Needs Allowance (BNA)
What they provide	Supplemental income.
Website	https://www.dfas.mil/MilitaryMembers/payentitlements/bna/
Eligibility	Servicemembers/dependents below 200% of federal poverty guidelines

Helping Agency	Employee Assistance Program
What they provide	Free, confidential 24/7 support including counseling, wellbeing coaching, and legal/financial assistance.
Phone	866-580-9078
Website	https://www.resilience.af.mil/workforce-resource
Eligibility	AF Civilians, Household Members, Dependents

Helping Agency	Military One Source
What they provide	Personal finance resources.
Phone	800-342-9647
Website	https://www.militaryonesource.mil/
Eligibility	Active Duty, Dependents, Reserve, Guard, Cadets

Helping Agency	MILITARY STAR Card
What they provide	0% interest and no payments for 3 months on commissary purchases made Oct 1–31, 2025
Website	https://www.facebook.com/share/p/1FKgNLMDx3/
Eligibility	MILITARY STAR card holders

Helping Agency	Supplemental Nutrition Assistance Program (SNAP)
What they provide	Food assistance benefits.
Website	https://www.fns.usda.gov/snap-directory-entry/colorado
Eligibility	Low-income households that meet state SNAP income/resource limits, are U.S. citizens or certain lawfully present non-citizens, and comply with SNAP work rules (with exemptions)

Helping Agency	Thrift Savings Plan (TSP) Loans
What they provide	Ability to borrow from TSP account.
Website	https://www.tsp.gov/tsp-loans/
Eligibility	TSP Participants

Helping Agency	USAA Government Shutdown Assistance
What they provide	Short-term financial assistance/loans during shutdown
Website	https://www.usaa.com/support/government-shutdown-program
Eligibility	USAA Customers

Helping Agency	Volunteers of America
What they provide	Financial assistance for veterans.
Phone	719-491-1974
Website	https://www.voa.org/services/supportive-services-for-veterans-and-their-families/
Eligibility	Veterans and their families

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