

CCLD Development Opportunities

Master List



Review the upcoming development opportunities on the program list below.
 Contact the CCLD Development Opportunities Team for additional information, dates, and registration.

POC: USAFA.PD@USAFA.EDU

NAME	DESCRIPTION	DURATION
Leader of Character	The Leader of Character workshop introduces participants to the Leader of Character Framework and provides specific tools and techniques for LoC development.	45 mins
Leader of Character Seminars	Delivered as three individual sessions, this seminar cluster takes a deeper dive into the constructs within the Leader of Character Framework: <i>Living Honorably, Lifting Others, and Elevating Performance</i> .	90 mins
Healthy Relationships	The Healthy Relationship workshop series focuses on developing positive relationships which are vital to our mental and emotional wellbeing but also to our workplace and our role as a leader. The workshops contain interactive activities that encourage you to discuss the key elements that help make healthy relationships with colleagues, friends, family and intimate partners.	Varies
Emotional intelligence	Emotional intelligence is a key leadership skill which can be learned and strengthened. For people to truly be effective personally and professionally, they must be masterful at identifying and managing their own emotions and that of others in positive ways. This series allows for individuals to experience why emotional intelligence is key to effective leadership, decision making, and relationships.	Varies
Custom PD	A tailored approach to team development designed to address specific team challenges such as communication, change, teambuilding, personal bias, trust and other topics. Various methods and techniques are selected based on your objectives to create a unique learning experience that achieves results.	Varies
Multi-Generational Workforce	We all belong to a generation: a group of people born and living around the same time shaped by the same culture and events. Our generational cohort helps define us, and each generation has been "misunderstood" by other generations. By 2020 there will be 5 generations in the work force. Gen Z is defined as the generation born between 1996 and 2010, which puts them between 9 and 22 years old. This series explores how our generational affiliation impacts us and how to work with, teach and effectively contribute to the development of Gen Zs.	Varies
Corporate Athlete	Developed by Johnson and Johnson in their Human Performance Institute, the Corporate Athlete training program uses a holistic, purpose-driven approach to help individuals become physically energized, mentally focused and fully engaged in the moments that matter - for real results at work and at home. This science driven program with proven, lasting outcomes focuses on energy management to allow us to live with purpose by aligning our mental, emotional and physical energy which positively impacts teams, missions and outcomes.	Varies
Dare to Lead	Leadership is not just about titles or rank. It's about the willingness to step up, put yourself out there, and lean into courage. The world is desperate for braver leaders. This course, developed from the research of Brené Brown, explores daring leadership as a collection of four skill sets that are 100% teachable, observable, and measurable. To scale daring leadership and build courage in teams and organizations, we have to build a culture in which brave work and tough conversations are the expectation.	Varies

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NAME	DESCRIPTION	DURATION
NCLS Continuing the Conversation	Facilitated groups designed to foster conversations about NCLS speakers, including reviews of speaker videos.	Varies
Book Clubs	Join an ongoing book club on topics from leadership, personal growth, military life, inspiration etc. or attend a one-time session where others/peers share and summarize an impactful book that they just read.	Varies
True Colors®	The core of the True Colors® workshop develops an increased understanding of self and others, expanded appreciation for valuing differences, and communication skill-building—all leading to a more harmonious, productive environment.	½ Day
Safe Zone Training	There is a pressure to already know how to be LGBTQQIAAP+ inclusive. And while many of us want to be we don't necessarily feel comfortable with the language, with our own level of understanding, and don't know where to go to learn more. Safe Zone trainings are safe places for people can go to learn more, about their own gender/sexuality and deepen their understanding of LGBTQ+ identity, issues and examine prejudice, assumptions, and privilege.	Varies
Relational Ethics	This series studies the ethics in relation to human sexuality and sexual behavior. Sexual relations ethics seeks to understand and evaluate the moral conduct of interpersonal relationships and sexual activities from social, cultural, and philosophical perspectives. Workshops address relational ethics of couples, parent and child, generational changes and organizational ethics.	Varies

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REGISTRATION: <https://sharepoint.usafa.edu/centers/ccld/development%20division/SitePages/Home.aspx>

Experiential Based Learning

NAME	DESCRIPTION	DURATION
Team Building	The fundamentals for a great team include strong relationships, effective communication, creativity/innovation, have and give trust, and learn cooperatively. This session will help your team/group build upon these fundamentals and build insight in using them within daily activities both in and out of USAFA. Outdoor and Indoor program opportunities available. <i>(Note: All outdoor programs are weather dependent)</i>	2hr minimum, up to 1-3 days
Ropes Course	Programs offer opportunities to focus on developing individuals and teams providing physical, mental, and emotional challenges in experiences requiring critical thinking, challenging self and group, understanding one's self and others, leadership and followership, communication and more. Whether an offsite or group development opportunity the AEBL facilitation team works to specialize the program experience to the needs and objectives of your group. Low to ground activities and activities at height available. <i>(Note: All outdoor programs are weather dependent)</i>	2hr minimum, up to 1-3 days

REGISTRATION: <https://www.usafa.edu/character/cadet-development/>

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