

## INSTRUCTIONS FOR EMPLOYEES

### COVID-19 Self-Collection Test for Unvaccinated DoD Personnel

#### EMPLOYEE INSTRUCTIONS:

As a COVID-19 non-vaccinated DoD employee you are required to complete weekly COVID-19 testing as directed in the following guidance:

- a. Executive Order 14043, Requiring Coronavirus Disease 2019 Vaccination for Federal Employees, September 9, 2021
- b. Deputy Secretary of Defense, Mandatory Coronavirus Disease 2019 Vaccination of Department of Defense Civilian Employees, October 5, 2021
- c. Secretary of the Air Force, Mandatory Coronavirus Disease 2019 Vaccination of Department of the Air Force Civilian Employees, October 8, 2021
- d. Under Secretary of Defense for Personnel and Readiness, Force Health Protection Guidance (Supplement 23) Revision 2 - Department of Defense Guidance for Coronavirus Disease 2019 Vaccination Attestation, Screening Testing, and Vaccination Verification, Oct 29, 2021
- e. DAF Civilian Employee Mandatory COVID-19 Vaccination Guide, Oct 22, 21

Your Supervisor or Commander will procure and provide you with the required testing supplies.

Your unit will be responsible for conducting the test in accordance with the instructions found on the box/insert. This test requires 2 collections (with at least 24 hours and no more than 36 hours between tests). Your supervisor will work with you to set up a time/location each week for testing.

If your test is positive:

1. Go home if your test was conducted at work; stay home if your test was conducted at home.
2. Notify 10th Medical Group (MDG) Public Health (PH) of your positive result by calling 719-333-9443 or emailing [usaf.usafa.10-mdg.mbx.public-health@mail.mil](mailto:usaf.usafa.10-mdg.mbx.public-health@mail.mil)
3. Upon receipt of a positive COVID-19 self-collected test result, the individual selects one of the following options:
  - a. Treat the test as a positive and isolate for 10 days
    - i. Return to work after 10-day isolation if symptoms are improving and you are afebrile (temperature below 100.4) for the past 24 hours
  - b. Seek additional testing from their healthcare provider
    - i. The employee can return to work after the supervisor verifies a negative COVID-19 polymerase chain reaction (PCR) test from healthcare provider. Consult PH with any questions
  - c. Seek additional testing from 10 MDG
    - i. When you notify PH of the positive test, request a confirmatory test
    - ii. If test is negative, PH will provide clearance for return to work

## **Employee Frequently Asked Questions (FAQs):**

### **I am seeking or have received a medical/religious vaccine exemption for COVID-19 vaccine, do I still need to be tested?**

Yes. All unvaccinated or not fully vaccinated individuals are required to be tested weekly.

### **Can I use these tests for my family/friends if they are sick?**

No. These tests were procured to test employees. Family members and friends should contact their healthcare provider to be tested if symptomatic.

### **Where should the testing be conducted?**

It is best testing be conducted in proximity of the work center when able.

### **Can I text my supervisor a picture of the result?**

Employees can voluntarily text their supervisor their results via personal cell but cannot be forced to use their personal phone for this. In the event the employee does not want to text the results, they would need to have results delivered to the supervisor or find a way to email the results (do not in-person deliver positive results).

### **Do I need to be observed taking the test?**

No. These are self-administered tests.

### **Should I stay home from work if I am asymptomatic and pending test results?**

No. Only if the test is positive or the employee is symptomatic should they be excluded from the worksite.

### **Do I have to take the confirmatory test?**

No, but we encourage a follow-up PCR test for any positive self-administered tests. If the confirmatory test is negative, you will be deemed COVID-19 negative and allowed to enter the workplace.

### **Are these test kits developed and/or manufactured with fetal stem cells.**

No. Fetal cells are not used in the development or manufacturing of COVID-19 antigen tests currently used by DoD.

### **I recently recovered from COVID-19 and completed my isolation, should I be exempt from testing for 90 days?**

Yes. Individuals who have recovered from COVID-19 can continue to have detectable SARS-CoV-2 RNA in upper respiratory specimens for up to 3 months after illness onset. Notify your supervisor of your positive test date and expect to be tested 90 days after.

### **How do I dispose of the test kit when complete?**

All components of the test kit can be disposed of in the normal trash.

If you have additional questions, please call 10MDG Public Health 719-333-9443 or email [usaf.usafa.10-mdg.mbx.public-health@mail.mil](mailto:usaf.usafa.10-mdg.mbx.public-health@mail.mil).