



A Guide to Difficult Conversations with Your Cadet Candidate



My Village

Congratulations Mom and Dad!

You are the proud parent of a United States Air Force Academy Cadet Candidate. It wasn't easy to get to this point. You stood by, you cheered on your child through all the sporting events, and helped them study for hours and now look at them!

*"It takes a village to raise a child."
-African Proverb*

My name is Second Lieutenant Gina Arrabito, a brand new U.S. Air Force Officer and a graduate from the United States Air Force Academy (USAFA) Class of 2019. I'm here to help you talk to your Cadet Candidate about USAFA. You're probably thinking how is this 22 year old going to help you have a difficult conversation with your child about drinking, bullying, sexual assault, and much more? Especially someone with no children of her own? But don't put this down just yet. I'm about to give you helpful information and advice I wish I received before coming to USAFA, and maybe help your child be more successful than they could have been just figuring it out on their own. You know it takes a village to raise your children and my village didn't know much about the military; let alone the Air Force Academy, but they were always there to support me. My village was there to listen to me when I struggled academically and physically to meet the standards and when I was restricted to base for not performing to the same caliber as my peers. They were there for the tears over hard leadership lessons and through the growing pains of young adulthood that happen during these crucial four years at school.

So here's what I'm going to do; I'm going to give you several insights to the stressors your child can face at USAFA, all of those moments Cadets don't know they're going to face but always do, so that your village can be better prepared for the challenges that come up.

Alright, here's how this is going to work. I'm going to break down good talking points for you to have when it's time for you to talk to your Cadet Candidate about their upcoming journey. This isn't mandatory, but if you do feel like following along and having these difficult conversations then please email us at USAFA.CWP.TASKERS@USAFA.EDU with your name, address, and any other feedback you have for us and we'll send you a token of our appreciation. Okay, before we get started, here are a few ground rules:



Ground Rules

1. Talk to your child about USAFA first. Make sure this is the path they want to take and that no one is pushing them to do this. USAFA is hard enough as it is and Cadets who are here for the wrong reasons usually don't do as well as those who are.
2. Your child may not listen to you about all these topics and that's totally cool. If you know that you're not the best person to have this talk with then don't be ashamed to pass this on to another mentor your child has; a teacher, coach, family friend, or older sibling etc. As long as we can help your Cadet succeed, it shouldn't matter who's doing the talking.
3. Listen more and talk less. This doesn't have to be a lecture, and maybe your child wants to open up to you about stuff going on right now or questions. Now would be the perfect time to be open minded and accepting of whatever they might say. You don't want to shut them out and potentially keep them from coming to you when USAFA gets hard. If you can't listen to them now, maybe when they are struggling at school they won't feel like they can talk to you and that could leave them lost.
4. How you go about this material is totally up to you! Take breaks as needed, break it up into mini-talks or knock it out all at once. You know what will work best with your child. Some of this material may begin difficult discussions and a break may be in order.

Are you ready?!? I'm ready! So shake it out, take a breath, and let's begin with an easy topic....



Topic #1- Your child is joining the Military

A little scary right? You don't have to hide it right now, it is. Your Cadet Candidate is joining the profession of arms. At a basic level that means when diplomacy fails, the military is often called in to perform various missions. This may result in violence and loss of life, and that means that your child might be putting their life at risk. It might be difficult to think about, but this is the first thing you need to make sure your child understands. During the Cadet Candidate process, the Air Force will offer your child a life insurance policy. Why? Because unpredictable things may happen in the military and a lot of times we are put in dangerous situations. As scary as this sounds, at USAFA we lost three Cadets in three years due to the dangers that come with this lifestyle. Accidents can happen at any time, both on- and off-duty.

I don't know your child, but I know if they want to come to USAFA they share one major quality with me: The intense desire to serve others and to help them at whatever the cost. Without even knowing them, your child already feels the three **Air Force Core Values** in their heart:

1. **Integrity First (holding true to moral values, even when no one is watching)**
2. **Service Before Self (putting the Air Force first, even at a cost to your personal life)**
3. **Excellence In All We Do (strive to always perform you best)**

Your Cadet Candidate may feel these things, but not fully know what it means just yet.

- In four years, your Cadet Candidate is going to be a Commissioned Officer in the United States Air Force. That means he/she will outrank all enlisted members of the military
- This means we need to hold your Cadet to a higher standard, in order to protect him/her and those who work for them
- Your Cadet Candidate needs to uphold the standards and customs of the military to make the mission run smoothly, that includes not having inappropriate relationships with enlisted military members, wearing the uniform correctly, keeping political opinions to oneself and using sound judgment on social media
- Your child is in the military - both in and out of uniform. They are no longer representing just themselves - they represent the United States

USAFA begins to teach all of these rules by upholding the military standards, but also through combined experiences such as:

- Six weeks of physically and mentally challenging Basic Cadet Training. This means having no cell phone, limited contact with family and friends, getting yelled at, and being put into stressful situations
- Teaching professional relationships by making freshman year (Doolie year) a time when your child can't be friends with or date the upperclassmen and where they are always in uniform
- Marching several times a week to lunch as a Cadet Wing
- Going through survival training where they will learn evasion skills and how to kill for food
- Learning Airmanship such as flying, skydiving, space operations, and the RPA program
- Going through uniform and room inspections regularly
- Taking on leadership roles within the Cadet Wing, on a sports team, or in an academic setting

Topic #2- A Multicultural/Multinational Academy

Let's talk about the composition of USAFA. We fully welcome having unique individuals here because it helps us become a more cohesive unit, but that might be new for some Cadet Candidates. What I mean is: Okay, before we get started, here are a few ground rules:



- Some of us came from homes and towns where everyone looked like us, so it'll be strange being in a diverse setting
- Although we are trying our best to be as diverse as possible, minorities still only make up a small percentage of each USAFA graduating class
- Some people, especially those of minority groups, may feel outnumbered and like they have to hide parts of who they are to fit in. This is not the case. We want everyone to feel comfortable and fit in as who they are, which is why we have support groups such as the Affinity Clubs - The Schulte Assembly, Pacific Rim Club, Korean American Relations Society, Hispanic Heritage Club, Spectrum Club, Way of Life Club, Native American Heritage Club and the Secular Cadet Alliance. They are all available to anyone and everyone looking for a community within USAFA
- If your Cadet Candidate feels like their needs aren't being met to find that community, they can speak with their commanders and find new opportunities for diversity outside of USAFA



Topic #3- A Culture of Dignity and Respect

So now you know what your Cadet Candidate is signing up for and it's not just the free education. But what does that mean? It means in order to make this well-oiled machine run smoothly, we need to make sure everyone feels as comfortable as possible. The Air Force prides itself on being innovative and constantly improving, and what makes that happen is the people who choose to be in the Air Force! Here's what I learned at USAFA:

- 1. We are all different**
- 2. Different people bring unique ideas and experiences to the table**
- 3. Our differences make us successful**

The only way this works is if the working and living environment is accepting of all people and USAFA strives to make that happen. We want everyone to feel comfortable coming forward and sharing these experiences so that we remain the strong, innovative and creative Air Force that we currently are. At the end of the day, no matter how different we are, we are brothers and sisters in the profession of arms and we will be involved with each other's military careers even when we least expect it.

Don't mistake stressful situations and yelling for a culture that doesn't have dignity and respect. In the military training setting, it is necessary to train Cadets in a respectful environment that includes yelling. It's important to know that in times of war, stress comes from various sources and this conditioning helps us train like we fight and fight like we train.

In order to reinforce this, check out General Silveria's (the current USAFA Superintendent) speech on racism from 2018. He articulates how the United States Air Force Academy feels about creating a culture of dignity and respect.

<https://www.youtube.com/watch?v=WfjZ1otkS3o>

Topic #4- Hazing and Bullying

We all know where this is going now, right? Hazing and bullying doesn't allow us to accomplish our mission as a service academy or as an Air Force. I know as parents you have taught your child to be accepting and to treat others the way you want to be treated, so good on you but now is a good moment to review that talk you probably haven't had since kindergarten. When it comes to hazing and bullying here's what you need to know to keep your Cadet Candidate safe and aware:

- Hazing and bullying is not accepted at USAFA under any circumstances and is punishable by the UCMJ (Uniform Code of Military Justice) and can ruin your Cadet's chances of being eligible for commissioning under any circumstances
- Every Cadet has an obligation to step in and stop any form of bullying or hazing
- Bullying can take on many forms such as singling out someone because they are perceived as different or weak and online targeting. None of this will ever be tolerated at USAFA, and if they think it's an anonymous website/app, think again. Your Cadet Candidate can be tracked down
- Hazing is not a tradition at USAFA. Traditions include spirit missions and going to football games as a unit, but hazing of any kind is unacceptable. Hazing makes finishing the mission impossible because Cadets are uncomfortable in their environment and therefore not productive to their best ability
- It is important to note that hazing and training are two very different actions. While training has intent and an end goal, hazing ostracizes and humiliates newcomers. Training is what will prepare us for tomorrow's fight, not hazing.

Overall, at the end of the day, we know your children are well behaved and would never act this way, they want to go into the military and they want to help others! So please emphasize that by stepping up and speaking out against hazing and bullying we are looking out for the morale and well-being of our fellow Cadets.

Topic #5- Drugs and Alcohol

Okay, time to bring it back to the D.A.R.E. Program. Don't do drugs kids, okay? It's not that simple anymore. Drugs and alcohol, as I'm sure you've heard, have been problems in the military before and USAFA has found itself a part of that problem. It's always sad to see a fellow Cadet kicked out for something totally avoidable. So let's start with drugs, it's a little bit more straight-forward.

- **Using illegal drugs or abusing prescription drugs in the military is not allowed. And no, living in Colorado doesn't make marijuana legal for military members because it is still illegal on the federal level**
- **Remind your Cadet to read the labels (especially in Colorado) because products like Hemp Oil still aren't allowed, even if it's just some ingredient in something like soap**
- **USAFA is very serious about drugs and Cadets get kicked out very quickly for drug use. They even do surprise urinalysis tests at 5 a.m. or after holiday breaks (they once tested 1,000 Cadets right after Thanksgiving break)**
- **In the military, drug abuse is never acceptable. As a future Officer, how can we possibly enforce the rules if we are breaking them too? We can't, so we need to hold future Officers to an even higher standard and never do anything to lose control over emotions, actions or environment**

Now onto alcohol. Cadets who are of legal drinking age are allowed to drink and there are many military training opportunities to learn safe drinking habits as well as a bar, HAP's Place, by the Cadet Area to help promote healthy drinking and avoid drunk driving. But maybe you're that parent that let them drink underage (don't worry we won't judge) and now it's time to change that message. This part can get a little tricky. So here's why we are cautious about drinking - alcohol use and abuse is commonly found in sexual assault situations. That's completely unacceptable, so now it's time to sit and talk with your Cadet Candidate on healthy drinking habits so that they don't end up in that statistic.

- **It's okay for your Cadet Candidate to drink when they are of legal drinking age (21) as long as they don't abuse it and stay in control of their environment, actions and emotions**
- **Cadets who are impaired on duty will be charged under the Uniform Code Military Justice. This also includes Cadets who are too hungover to do their duties (i.e. taking a day-off school because of a bad hangover), DUIs and alcohol related incidents**
- **Providing alcohol to minors is illegal and both, the of age Cadet and underage Cadet will face consequences**
- **Underage drinking is never allowed, and possession of a fake ID will get your child in two types of trouble - Honor and Alcohol probation**

Drugs and Alcohol-Continued

Okay let's backtrack... what's probation??? Probation is the term for any sort of remediation period a Cadet might be on after breaking rules or falling behind in any part of USAFA instead of getting kicked out - it's a second chance. There are five different types that we'll go into later, but for now I'll tell you about Alcohol Probation and why your Cadet, whether they are of legal drinking age or younger, would not want to end up on it. Being caught drinking underage, drunk on duty, drinking in the dorms, getting injured or destroying private or government property while drunk will result in alcohol probation:

- Upperclassmen will be stripped of the right to leave USAFA, wear civilian clothes, and stripped of leadership positions if their commander does not feel they are fit to lead
- Four degrees (Freshmen) will be restricted to base and may suffer further consequences
- All Cadets will be required to attend ADAPT (Alcohol and Drug Abuse Prevention and Treatment) program
- This probation will last for a minimum of three months
- In addition to alcohol probation, Cadets found lying about underage drinking, in possession of a fake ID, or unwilling to disclose the full story when caught may also be placed on Honor Probation for six months during or after their six month Alcohol Probation

Sounds pretty awful, right? If we talk to Cadets about this before they are put in a compromising situation, maybe we could help them make better decisions in the moment. I know it seems like a bummer, I mean all my friends at other colleges didn't have to show up to class if they were hungover or even worse they skipped classes to go drinking. But we aren't just a college! We're a military academy with a higher calling to look out for our Airmen and our nation. Let the students at state schools do the binge drinking. While we focus on taking care of ourselves and our people and avoid letting our fellow Cadets end up in compromising situations.

Topic #6- Sexual Assault

Do you recall that alcohol use and abuse can lead to putting ourselves in compromising situations? Sexual assault is one of the biggest compromising and dangerous situations our Airmen could get involved in and it's up to every one of us to prevent sexual assault. Depending on your family dynamic, this might be the first time you're having a talk with your child about sexual assault. But this is the most important topic you can take from this guide. If you've read the news in the past year or so you may know that the service academies have a sexual assault problem.

So let's work on it now, let's keep your Cadet Candidates safe. Let's start with the basics- whether you are in or out of the military, sexual assault is a crime and violators at USAFA will be held accountable by:

- **Being tried in either a civilian or military court and face jail time**
- **Punished under the Uniform Code of Military Justice, Article 120**
- **Being removed from USAFA**

Remember those core values we talked about earlier? Integrity First, Service Before Self, and Excellence In All We Do? Well sexual assault doesn't fit in anywhere with those values and any Cadet found guilty of assaulting another person, whether or not they are a Cadet, will be quickly removed from USAFA and the Air Force. The truth is, this might not happen to your Cadet Candidate, but it will probably happen to someone they know or an Airman that they are one day in charge of. So as a school of leaders, we need to understand how to handle it.

- **Units, friendships, teams etc. are negatively affected by sexual assault cases and the aftermath, it is never just the people involved in the crime. Sexual assault cases are sensitive for all parties involved, especially if they go to a Court Martial. It is expected that rumors will not be spread to "victimize the victim" and that a climate of dignity and respect remain in place for all parties involved**
- **It is important to understand that consent in any sexual situation requires a verbal "yes" from all parties involved, the absence of a "yes" to include phrases such as "no", "let's go to sleep", "I'm not in the mood", silence, etc. can be considered assault. No matter a Cadet's religious standpoint or sexuality, all Cadets must understand that consent to sex should be clear, voluntary and unambiguous**
- **Drinking alcohol increases the odds of getting into a sexual assault situation since judgement and motor skills are impaired with all parties involved. Cadets should understand their limits with alcohol consumption and go into all situations with a game plan for safely getting home**
- **USAFA has multiple means of reporting sexual harassment and assault: LiveSafe app, Sexual Assault Prevention and Response hotline, chain of command, Security Forces, and the Cadet run teal rope program**

Sexual assault victims commonly experience the following mental effects:

- **Post-traumatic stress disorder (PTSD), including flashbacks, nightmares, severe anxiety, and uncontrollable thoughts**
- **Depression, including prolonged sadness, feelings of hopelessness, unexplained crying, weight loss or gain, loss of energy or interest in activities previously enjoyed**
- **Suicidal thoughts or attempts**
- **Dissociation, including not being able to focus on work or on schoolwork, as well as not feeling present in everyday situations**

Topic #7- Mental Health

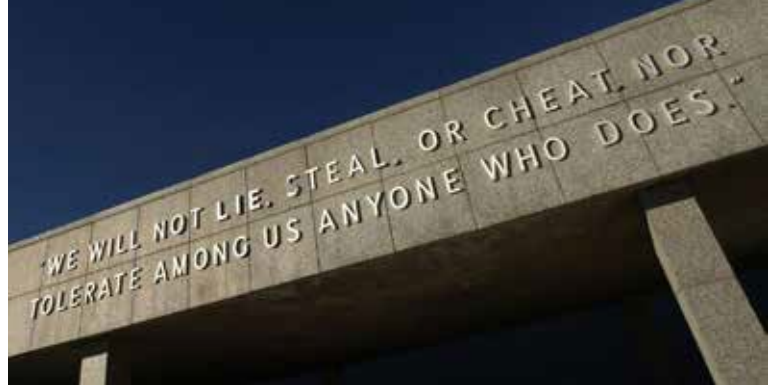
Good job Mom and Dad! We're having these deep conversations with our Cadet Candidate and it's only slightly awkward. You're doing well and they're listening and you're listening. We're almost done with the deep stuff so hold tight.

It's time to talk about mental health. Many mental health conditions begin to show symptoms in young adulthood. College is hard in general, but we're also including a strenuous military environment. Whether or not it is your Cadet, he/she could possibly know someone who is dealing with depression.

- **Sometimes your Cadet might feel like they're in a hole without a shovel, you can be that lifeline**
- **Everyone shows different symptoms of depression, but the only way you'll really know if there is a problem is if you communicate! Talk to your children, make sure your children are talking to their friends and mentors and look for changes in personalities and interests. Many symptoms are detectable if we take the time to pay attention to those around us**
- **There are plenty of programs at USAFA to help Cadets take care of their mental health to include the Peak Performance Center (PPC), Mental Health Clinic, Chaplains, and the Cadet run PEER program**
- **Rumor has it your Cadet can't get a pilot slot if they are depressed. The truth is, if they get help and take care of themselves when they need it they can get a pilot slot. Once a suicide attempt is made, a pilot slot is no longer in the future**
- **You don't know what someone is going through unless you ask, and stress affects us all differently, no one is weak for getting help**
- **During their first year at USAFA, contact with your Cadet can be limited. So it's important to take the time to have in depth conversations**
- **There are a lot of stigmas with mental health. Many Cadets and Airmen feel it will negatively affect their jobs. This is not true. If your Cadet is saying "they'll just push through" it might be a good idea to reach out to their friends or commander**

Tips for Success at USAFA

Wow, that got heavy! Take a breather and skim the next bit of material. The rest of the pamphlet is solely about Cadet issues that cause stress. Maybe these are things your Cadet Candidate knows already or doesn't feel like learning at the moment. Whether or not you continue on, just take a minute to be proud of your efforts.



Topic #8- The Honor Code

We can begin with the most well-known issue of honor. Cadets follow a strict honor code; "We will not lie, steal, or cheat nor tolerate among us anyone who does." That is taken very seriously at USAFA. The Honor program is operated entirely by Cadets to keep the institution's values intact.

It's great and all that we have a team of other Cadets working on Cadet issues, but let's take a step back. We never want to end up on the wrong side of an honor case. Why? Because in four short years we have finished our job interview and will be leading Airmen! Honor is in place to:

- **Create trust among the Cadet Wing**
- **Set the example for how we need to act now and for the rest of our careers**

Temptations to take a shortcut can be seen in many walks of life. Many people have seen the Air Force cheating scandals in the news, whether it is at USAFA or on active duty bases. This is terrible publicity for both the military and the Academy, and makes taxpayers second guess the character of the Officers USAFA produces. So what does probation look like? Being found guilty of an Honor Code violation - lying, stealing, cheating or toleration of a violation results in a very rigorous remediation period if the Cadet is not kicked out for their behavior, including:

- **A six month probation in which the right to leave USAFA, wear civilian clothes, be involved in a sports team or club, and hold a Cadet level job will be taken away**
- **Journals discussing various honor related topics will be due weekly**
- **Meetings with Cadets on the Honor staff, mentors in and out of the military, and the chain of command will take up most free time**
- **Anything else the chain of command deems fit in order to re-mediate dishonorable behavior**

When there is an honor violation the Cadet Wing is aware that they can't trust their fellow Cadet. That trust needs to be earned back, which may take a while and can follow the Cadet for the rest of their careers as they apply for Cadet Wing positions and can affect their ability to properly mentor other Cadets.

Topic #9- Academics



Did you know your child is getting a Bachelor of Science? No matter the degree, whether it's English, Military and Strategic Studies, Aeronautical Engineering, or Physics, your child has to take a certain amount of science and engineering courses to receive this degree. If you haven't heard it yet, your Cadet Candidate will hear it countless times before they graduate from USAFA - academics are the quickest way to getting kicked out. But that's not always true, professors acknowledge hard work and perseverance. There are plenty of avenues for academic success at USAFA.

- **Extra Instruction (EI) - any professor, even ones that don't teach your Cadet, have an open door policy and are more than willing to help out Cadets, some will even come in to work early or stay late, if that helps a student**
- **Quantitative Reasoning Center (QRC) - is an after-hours tutoring program that offers professors from 5pm-10pm in subjects such as math, physics, chemistry, and engineering**
- **Writing Center - This can be useful for help setting up papers or they'll read an existing paper and edit. This can be a lifesaver resource for that 20 page final paper**
- **As an extra resource, some professors will offer group EI before a graded event**
- **No matter what your child decides to do, whether they need the extra help or are fine on their own, it's always good to get face time with their professors so they know your Cadet as more than just a name. The more professors know your Cadet, the more willing they are to help them out**

Ok, so your child did all of these things and still ends up on Academic Probation, don't stress just yet, this probation is used to force a Cadet to focus on school a little bit more.

- **If halfway through the semester (PROG) or at the end of the semester a Cadet has a GPA lower than a 2.0 or is failing/failed a class they will be put on Academic Probation**
- **Don't worry! They will no longer be on probation once they pass the failed class or get their GPA up to a minimum 2.0 at the middle or end of the semester**
- **While on Academic Probation, Cadets are potentially restricted to base and required to document hours spent at EI, the QRC, writing center, and hours with Cadet tutors**
- **This is recoverable if the Cadet demonstrates a willingness to learn with a hard work ethic and Cadets are reminded that a bad grade is much better than cheating on an assignment**



Topic #10- Athletics

Now that your child has all the tips to being a successful scholar, let's turn our attention to another important aspect of USAFA - Athletics. Athletics at USAFA makes our school extremely unique - from basic training through your Cadet Candidate's military career, physical fitness matters. While at USAFA your Cadet will test their physical fitness in many different ways.

- Physical Fitness Test (PFT) - The PFT is taken once a semester and includes pull-ups, a long jump, sit-ups, push-ups, and a 600m run. It's recommended that your Cadet Candidate starts working on those skills before showing up, the first PFT is taken during Basic Training
- Aerobic Fitness Test (AFT) - This is a mile and a half run that each Cadet does once a year
- Boxing & Combative courses are taken while at USAFA for men & women. Let your Cadet Candidate know that they are entering the profession of arms & that training such as Combatives is a vital component both for them to live up to their role as an officer as well to remain safe both in everyday situations & in service to our county. Combatives is meant to create ability & willingness within each individual to apply force ethically. They will learn how to fight & will participate in controlled fights that may involve strikes to the head & body.
- To meet USAFA graduation requirements, all cadets are required to pass a swimming & water survival classes that involve jumping from the diving towers. These classes prepare cadets operational career field requirements. Don't worry if your cadet is not a strong swimmer, there are different levels of classes to meet them where they are to ultimately help them to be successful.

So say your Cadet does all of these things, but they struggle in one part and end up on Athletic Probation. No worries! Just like Academic Probation, this is meant for him/her to spend extra time improving athletically.

- **You can get on Athletic Probation for getting a failing grade in a fitness class or by getting less than a 250/500 on the PFT, or a mix of the two**
- **While on Athletic Probation, you will be required to go through a structured/monitored fitness program. This is an after-school, Cadet-run, fitness program that focuses on helping Cadets learn the skills to keeping up their fitness requirements on their own time**
- **If your Cadet continues to do poorly in athletics they will face a review board to discuss their physical fitness, it's important to note that as an officer your child will be required to meet Air Force fitness standards throughout their career. The USAFA standards, while more difficult and comprehensive than Air Force standards, help prepare your cadet for the standards they will face in the Air Force.**

Just remember that USAFA is 7,258 feet above sea level. Before showing up for BCT, get ready for an extreme change in altitude, keep up cardio training, drink plenty of water, and rest when needed.

Other Tips for Success

It feels like we covered everything, doesn't it? Don't worry, there isn't much more to talk about. Here are just some of Lieutenant Arrabito's random tips for success:

- USAFA is different from most colleges because its focus is developing leaders of character and warriors. Encourage your Cadet to take those opportunities! Always apply for leadership roles so that they learn what works and doesn't work with their leadership style before commissioning
- Time management is extremely important. At any given day your Cadet is attempting to meet physical, academic and military standards, so block out time for each and don't forget time to decompress
- Don't forget about sleep management too! Sleep is super important to functioning well, and yeah pulling an all-nighter to study for that physics test might seem like a good plan, but it's not. After a certain amount of time your child's brain will stop retaining the information and sleep will actually help them perform better
- There's also Conduct and Aptitude Probation, which are designed to help Cadets who are struggling to adjust to the military lifestyle, unlike Academic, Athletic, Alcohol and Honor probation, this is all squadron dependent to tailor the needs of the struggling Cadet
- Just a reminder, during Basic Training and at many other events throughout USAFA, cell phone use will be prohibited or phones will be taken away all together. Now is a good time to get your Cadet Candidate used to not using their phones
- They're at USAFA! This has been a dream for your Cadet Candidate for such a long time that it's good to remind them that no matter how hard the day is, they are at their dream school and working towards their goals. Stay positive and always look forward to the next milestone, whatever that might be

You Finished!

So that's everything! You as a parent are prepared to talk to your child about the USAFA you don't see in the commercials or at the football games. Good luck, we know that your child is going to do great, why else would they have gotten that acceptance letter?

It takes a village, and your village just got a little bigger as you help your child navigate the beginning of their Air Force career. Everyone in the Cadet Wing Culture and Climate office would like to thank you for sticking with us through this pamphlet, we know these are difficult conversations about your child's future, but we really do believe that we are helping set your child up for a successful four years at USAFA. Don't forget to email us at USAFA.CWP.Taskers@USAFA.EDU and give us your feedback, we'd love to hear what you think should be added or changed to the material in this pamphlet and we'll send you a token of appreciation.



Good job! We'll see you on In-Processing Day!

Class of 2024 milestones:

In-Processing Day

Recognition

Ring Dance

Acceptance Day

1000 Days

100's Weekend

GRADUATION!!!

Parent's Weekend

Commitment

Commissioning