

FALCON FAMILY NEWS

OCTOBER 2009

CLASS STATISTICS (as of 30 September 2009)

	Men	Women	Total
2010	837	186	1023
2011	853	211	1064
2012	944	269	1213
2013	1050	260	1310
WING	3684	926	4610

CLASS RINGS FOR 2011

The Class of 2011 will soon begin their ring ordering process. On the 3rd of November the cadets will receive their initial briefing from Jostens and be given their ring catalog. On the 8th and 9th of December, Jostens will display genuine stones in the cadet library so the cadets can view them, in case they wish to purchase a genuine stone for their ring. On January 12th, 13th, and 14th, cadets will order their rings in the Cadet Library. All rings will need to be paid-in-full in order for them to receive them at Ring Dance.

POLARIS YEARBOOK PORTRAITS

The Cadet Wing Media will start the cadets' portraits sessions for the 2010 Polaris yearbook in the McDermott Library between 7:30 a.m. and 4:00 p.m. The schedule is as follows:

Class of 2010 26 – 30 October 2009
Class of 2013 2 – 6 November 2009
Class of 2012 9 – 13 November 2009*
Class of 2011 16 – 20 November 2009

*November 11, 2009 schedule is from 2:00 pm – 4:00 pm

Cadets on winter semester exchange will be notified during spring semester of a photo opportunity.

If you have any questions please contact the Cadet Wing Media office at 719-333-4644.

BAND ACTIVITIES OCTOBER 2009 – MARCH 2010

12-20 October: Concert Band on tour in Montana, Idaho, Utah and Wyoming. Admissions Liaison Officers at each location will work this event.

25-31 October: Blue Steel in Cleveland and Akron, Ohio. Appearances include WKYC-TV (NBC affiliate) in Cleveland, Rock and Roll Hall of Fame, Cleveland Police Academy graduation and Akron Youth Symphony Orchestra.

11 November: Solaris performing at the Hines VA Hospital in Hines, IL.

11 November: Several of the groups are performing around Colorado Springs and we are matching venues with USAFA speakers.

16 November: Wild Blue Country in Amarillo, Texas.

18 November: Wild Blue Country performs the national anthem at a Dallas Mavericks basketball game.

14 December: Concert Band annual “Holly and Ivy, Spirit of the Season” concert at Pikes Peak Center in Colorado Springs.

2010 Opportunities

30 January: Blue Steel with Pasadena Youth Symphony, Pasadena, CA.

8-17 February: Wild Blue Country in Nashville, TN to include an appearance on the Grand Ole Opry (carried on WSM-AM Radio), Nashville, TN.

20-28 February: Stellar Brass, upstate New York.

21-27 February: AirLIFT (a new chamber group with the primary mission of education outreach), New York City to include Brooklyn, Queens, Bronx and Roslyn Heights.

14 March: Blue Steel with the Colorado Springs Youth Symphony, Pikes Peak Center, Colorado Springs.

22 - 30 March: Concert Band tour through Texas - Houston, Tyler, Dallas, Ft Worth.

NO MORE CAVITIES!

The United States Air Force has begun implementing a new program to reduce the number of new cavities among our patient population. Here at the Cadet Dental Clinic this is just another benefit our cadets can take advantage of. The High Caries Risk (HCR) Program is not a mandatory program but is strongly suggested to those patients that fall into the criteria. The standards that are followed are set by the Air Force. Instead of just drilling and filling

teeth, the focus of the program is to make the patient aware of how and why cavities occur and what part they play in the process. Prevention is the key. Items that are discussed with the patient include nutritional counseling – what are you drinking or eating that could be causing the caries (decay) problem and how frequently are you partaking in this behavior; fluoride – its daily use and importance in helping to strengthen teeth against cavities; and homecare – how brushing and daily flossing play a role in overall oral health.

Whether the patient falls into the HCR category is determined at the annual exam appointment. To be considered high risk patients will present with: three or more incipient/cavitated lesions; presence of multiple risk factors (white spots, deep grooves in the teeth, frequent sugar intake, decreased salivary flow, active orthodontics or many multisurface restorations) to name a few; poor oral hygiene; suboptimal fluoride exposure; and irregular dental visits (<1x/yr). If the patient is determined to be HCR, the program is then explained to the patient. The patient can either choose whether to enroll in the program or not. The program involves utilizing HCR protocol at each dental appointment. If nutritional counseling was not accomplished at the annual exam, then it will be reviewed at the prophylaxis (cleaning) appointment along with homecare instructions and a fluoride treatment. Once in the program there are generally four fluoride treatments delivered. The other fluoride applications take place at other dental appointments such as the operative (filling) appointments. If all treatment has been accomplished and a fluoride treatment is still needed, then the patient is contacted for that remaining treatment. A HCR protocol sheet is inside the front of each record and is annotated with a date of when the procedure was accomplished in order to track the care given to the patient. In three to six months, the patient will be notified for a HCR recall appointment. At this appointment an oral exam will be accomplished to see if there are any new areas of caries, to check the status of the patient's homecare, to ask if the patient has modified any caries producing habits, and to apply another topical fluoride treatment.

After this, the next appointment for the patient will be the annual dental exam. If the patient is no longer considered high risk, they will be removed from the program. If however, they are still high caries risk the process will start all over. The ultimate goal is to educate the patient and to have the patient complete all of the treatment designated at stopping the progression of caries time and time again. Prevention is the key. It saves time and money as well as reducing the possibility of dental pain.

This program is one more example of the excellent dental care offered to the Air Force Academy cadets. Our goal is for the Air Force Academy cadets to complete their careers as Air Force officers without any new areas of decay. It is our priority at the dental clinic and we focus on prevention and overall dental health of our patients.

If you have any questions regarding this article, please feel free to contact the USAF Academy Periodontist, Capt (Dr.) Audra Myers at 719-333-5590. For general questions regarding Cadet Dental Care, please contact SSgt Cindy Baker or Maj (Dr.) Peggy Dickson at 719-333-5444 or email the dental clinic at USAF.SGD@usafa.af.mil.



News Release

U.S. Air Force Academy

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Tuesday, Sept. 29, 2009

Air Force Academy begins year-long self study of athletics

U.S. AIR FORCE ACADEMY, Colo. – Air Force Academy Superintendent Lt. Gen. Mike Gould announced today that the Academy will begin a year-long, campus-wide effort to study its athletics program as part of the NCAA Division I athletics certification program. Specific areas the study will cover are academic integrity, governance and commitment to rules compliance, and commitment to gender and diversity and student-athlete well-being.

While academic accreditation is common in colleges and universities, this program focuses solely on certification of athletics programs. Following a two-year pilot project, the NCAA Division I membership overwhelmingly supported the program and its standards at the 1993 NCAA Convention. The Academy's completed its first certification self-study in 1995. At the 1997 Convention, the NCAA Division I membership voted to change the frequency of athletics certification from once every five years to once every 10 years. The Academy completed its second certification self-study in 2002. Thus, the current self-study will be the third in the certification process for the Academy.

The athletics certification program's purpose is to help ensure integrity in the institution's athletics operations. The program opens up athletics to the rest of the university/college community and to the public. Institutions will benefit by increasing campus-wide awareness and knowledge of the athletics program, confirming its strengths and developing plans to improve areas of concern.

The committee responsible for the study will include Lt Gen Mike Gould, Col Thomas Yoder, various members of the institution's faculty and staff, as well as department of athletics personnel. A member of the NCAA membership services staff will conduct a one-day orientation videoconference with the committee and its subcommittees early in the process.

Within each area to be studied by the committee, the program has standards known as operating principles that were adopted by the Association to establish benchmarks by which all Division I members are evaluated.

When the Academy has concluded its study, an external team of reviewers will conduct a three-day evaluation visit on campus. Those reviewers will be peers from other colleges, universities or conference offices. The peer-review team will report to the NCAA Division I

Committee on Athletics Certification. The Committee on Athletics Certification will then determine the institution's certification status and announce the decision publicly. For institutions that fail to conduct a comprehensive self-study or to correct problems, sanctions could be imposed.

The three options of certification status are: certified; certified with conditions and not certified. While institutions will have an opportunity to correct deficient areas, those institutions that do not take corrective actions may be ruled ineligible for NCAA championships.

The NCAA is a membership organization of colleges and universities that participate in intercollegiate athletics. The primary purpose of the Association is to maintain intercollegiate athletics as an integral part of the educational program and the athlete as an integral part of the student body. Activities of the NCAA membership include formulating rules of play for NCAA sports, conducting national championships, adopting and enforcing standards of eligibility, and studying all phases of intercollegiate athletics.